

Race Date
October 07, 2017

Healthy Trails 5k
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Chip</u>	
						<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Grisselda Juarez	Lanham MD	881	34	6	30:22.6	30:25.2	0:02.6	9:46/M

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Age Group Results

5K

Female 20 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Bethlehem Addis	Alexandria VA	471	26	15	33:04.4	33:07.2	0:02.7	10:38/M

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Fai Nelson	Landover MD	484	37	44	51:46.5	1:01:57.1	10:10.6	16:39/M
2	* Kelsi Bracmort	Fort Washington MD	473	39	64	1:00:23.5	1:00:23.5		19:25/M

Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* MARLA LANGLEY	Fort Washington MD	815	47	8	30:56.9	31:01.5	0:04.5	9:57/M
2	* Hooi Li doo	College Park MD	476	49	11	32:02.3	32:03.7	0:01.4	10:18/M
3	Rebecca Cormeny	Silver Spring MD	440	46	22	43:23.5	45:33.6	2:10.1	13:57/M
4	Donna Armstrong	Clinton MD	433	40	28	46:48.5	46:52.6	0:04.1	15:03/M
5	Taia Shabazz	Laurel MD	488	47	29	47:57.7	48:23.0	0:25.3	15:25/M
6	ELIZABETH GARY	CLINTON MD	921	48	38	50:40.8	52:49.4	2:08.5	16:17/M
7	Andrea Blue	Bryans Road MD	434	47	54	56:57.5	59:33.2	2:35.6	18:19/M
8	Shannon Young	Upper Marlboro MD	455	48	62	59:40.0	1:00:13.7	0:33.7	19:11/M
9	Sharon Vanwright	Laurel MD	452	45	72	1:03:39.3	1:04:12.1	0:32.7	20:28/M
10	Deidra Daniels	Upper Marlboro MD	480	49	77	1:05:59.0	1:06:37.7	0:38.7	21:13/M

Female 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Kimberly Doehnert	Springfield VA	475	50	14	32:54.0	32:58.9	0:04.9	10:35/M
2	* Tina Shaffer	Camp Springs MD	468	53	16	33:07.1	33:12.8	0:05.7	10:39/M
3	Gwendolyn Holtmeyer	Bowie MD	446	58	18	33:46.6	33:49.7	0:03.1	10:51/M
4	Cricket Smith	Bowie MD	470	57	21	40:31.6	40:38.7	0:07.0	13:02/M
5	COLLEEN WHELAN	FORT WASHINGTON	490	58	32	48:59.4	49:44.8	0:45.4	15:45/M
6	Kellie Gowdy	Clinton MD	463	51	34	49:16.0	49:43.0	0:27.0	15:50/M
7	Faye Layne	Beltsville MD	483	56	42	51:34.6	52:29.8	0:55.2	16:35/M
8	ISABELLE DEBURGO		891	51	43	51:46.3	1:01:57.8	10:11.5	16:39/M
9	Denise White	Forestville MD	453	58	46	52:32.3	53:03.5	0:31.2	16:54/M
10	Beverly Corley	Fort washington MD	496	52	48	52:56.0	53:24.0	0:28.0	17:01/M
11	Laila Bonnevie	Bryans Road MD	472	51	50	52:58.5	53:07.2	0:08.7	17:02/M
12	Agnes Brown	Springdale MD	494	56	53	56:41.9	57:11.5	0:29.5	18:14/M
13	Kelli Crouch	Mitchellville MD	441	51	57	56:58.4	57:22.1	0:23.6	18:19/M
14	Patrice Williams	Temple Hills MD	454	53	60	59:08.0	59:39.4	0:31.3	19:01/M
15	Doris Dyson-Williams	Mitchellville MD	460	59	61	59:18.5	59:56.4	0:37.8	19:04/M
16	DEBORAH BISHOP	Clinton MD	868	52	69	1:02:01.7	1:02:25.8	0:24.0	19:56/M
17	Catherine Johnson	Hyattsville MD	813	52	70	1:02:58.9	1:03:31.5	0:32.5	20:15/M
18	CAROL BRASWELL	Fort Washington MD	822	58	73	1:04:27.4	1:04:39.6	0:12.1	20:43/M
19	MARYJANE COOLEN	Hyattsville MD	867	57	74	1:05:46.2	1:06:22.6	0:36.4	21:09/M
20	NICKIE LAMBERT	Hyattsville MD	839	51	75	1:05:50.3	1:06:28.8	0:38.5	21:10/M
21	DIANE SCHWARK	Hyattsville MD	834	58	78	1:06:28.0	1:06:28.0		21:22/M

Female 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Charlene Harris-Russell	Upper Marlboro MD	444	60	25	45:24.1	45:31.1	0:06.9	14:36/M
2	* Judy French	Largo MD	443	64	26	45:27.0	45:33.5	0:06.4	14:37/M
3	Deborah Lightfoot	Mitchellville MD	465	67	27	46:01.1	46:08.4	0:07.3	14:48/M
4	Gloria Constant	Accokeek MD	458	61	31	48:54.6	49:19.5	0:24.8	15:43/M
5	Mary Brooks	Hyattsville MD	436	64	40	51:11.9	51:44.0	0:32.0	16:27/M
6	Emily Rose	Fort Washington MD	887	63	47	52:46.9	53:26.5	0:39.5	16:58/M
7	Denise Brown	Upper Marlboro MD	437	61	55	56:57.5	57:22.2	0:24.7	18:19/M
8	Dorothy Marshall	Ft, Washington MD	466	64	56	56:58.4	57:23.6	0:25.2	18:19/M
9	Mildred Simmons	Fort Washington MD	469	67	59	58:38.9	59:03.7	0:24.7	18:51/M
10	Shirley Bracmort	Fort Washington MD	435	65	63	1:00:23.4	1:00:23.4		19:25/M

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Female 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
11	Shirley Randolph	Washington MD	487	65	66	1:00:33.2	1:01:14.2	0:40.9	19:28/M
12	Carolyn Woodland	Washington MD	491	67	67	1:00:34.9	1:01:14.8	0:39.9	19:28/M

Female 70 and Over

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Brenda Butler	Fort Washington MD	439	70	35	49:18.3	49:44.4	0:26.1	15:51/M
2	* Florence Crouch	Kettering MD	474	74	58	56:59.0	57:21.6	0:22.5	18:19/M
3	Myra Newbill	Springdale MD	485	70	65	1:00:32.7	1:01:12.5	0:39.8	19:28/M
4	Kathleen Stokes	Hyattsville MD	478	74	71	1:03:38.4	1:04:11.5	0:33.0	20:28/M

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5K

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Chip</u>	<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	
1	NATHAN BUTTS	Clinton MD	848	15	1	20:29.7	20:29.7		6:35/M

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Healthy Trails 5k

Age Group Results

5K

Male 13 and Under

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* PEDRO EGUDO		892	12	13	32:50.8	42:25.8	9:34.9	10:33/M
2	* Dakari Fleming	Laurel MD	477	11	24	45:15.4	45:16.1	0:00.7	14:33/M
3	FELIX EGUDO		895	12	37	49:54.8	59:28.9	9:34.1	16:03/M

Male Age 14-19

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* MICHAEL BROOKS	Clinton MD	850	16	2	21:55.3	21:55.3		7:03/M

Male 20 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Antonio Harris	Oxon Hill MD	464	27	3	23:56.4	23:56.5	0:00.1	7:42/M
2	* RASHAAD SMITH	Washington DC	922	27	20	39:20.8	42:29.9	3:09.0	12:39/M

Male 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Augustus Jones	Washington MD	448	31	4	26:42.9	26:42.9		8:35/M

Male 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Robert Caldwell	Accokeek MD	495	48	5	30:06.3	30:10.9	0:04.5	9:41/M
2	* Emeka Egudu	Fort Washington MD	461	44	9	31:18.9	42:31.9	11:13.0	10:04/M
3	Roberto Bonnevie	Bryans Road MD	456	47	49	52:57.8	53:06.5	0:08.6	17:02/M
4	Joseph Bush	Washington MD	457	44	52	56:30.9	56:41.6	0:10.7	18:10/M

Male 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Antonio Jackson	Landover MD	482	56	7	30:32.1	30:53.3	0:21.2	9:49/M
2	* Francisco Garcia	Burke VA	462	59	10	31:44.5	31:52.2	0:07.7	10:12/M
3	DARRYL GANTT		842	54	12	32:47.9	33:00.9	0:13.0	10:32/M
4	WARREN BROOKS	Clinton MD	865	53	17	33:15.9	33:15.9		10:41/M
5	MARK ALLEN	FORT WASHINGTON	492	58	33	48:59.7	49:45.0	0:45.3	15:45/M
6	ZACHARY WHEELER	Oxon Hill MD	898	53	39	50:42.6	52:50.4	2:07.8	16:18/M
7	Jasper Layne	Beltville MD	499	56	41	51:32.8	52:28.3	0:55.4	16:34/M
8	Raj Sheth	Washington MD	489	55	76	1:05:54.6	1:06:33.6	0:39.0	21:11/M

Male 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Kurt Doehnert	Springfield VA	442	60	19	33:54.6	33:58.4	0:03.8	10:54/M
2	* Thomas Saunders	Largo MD	500	67	23	43:58.8	44:05.1	0:06.2	14:08/M
3	John Brooks	Bowie MD	493	65	45	51:58.3	52:28.0	0:29.6	16:43/M
4	George Brooks	Hyattsville MD	479	66	51	54:05.6	54:36.1	0:30.5	17:23/M
5	Wendell Williams	Mitchellville MD	812	61	68	1:00:37.7	1:01:12.8	0:35.1	19:29/M

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Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Chip</u>	
						<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1 *	Bill Butler	Fort Washington MD	438	73	30	48:00.2	48:27.7	0:27.4	15:26/M
2 *	CP Payne	Largo MD	450	70	36	49:51.4	49:57.7	0:06.2	16:02/M