

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Rosalind Sheppard	Bowie	612	47	2	18:16.7	18:19.3	5:55/M

# Cornerstone Church 5k Run/Walk

Race Date

## Age Group Results

May 18, 2014

### Female 12 and Under

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Angela Bruce	Bowie	523	11	43	28:36.3	28:47.2	9:17/M
2	Cadence Bobick		288	10	49	29:58.0	30:05.2	9:42/M
3	Autumn Karamatsos	Bowie	568	8	52	30:57.4	31:03.6	10:01/M
4	Jeremy Bruce	Bowie	524	10	73	36:30.0	36:38.8	11:49/M
5	Avri Vance	Crofton	627	10	84	40:14.2	40:20.1	13:01/M
6	Chloe Harris	Odenton	558	10	86	41:02.4	41:13.5	13:18/M
7	Jasmine Harris	Odenton	559	9	87	41:03.7	41:14.6	13:18/M
8	Anais Bracy		298	12	94	42:33.9	42:50.1	13:49/M
9	Lydia Caswell	Odenton	534	12	95	42:34.0	42:49.8	13:49/M
10	Bethany Torres	Crofton	622	10	96	42:34.6	42:40.6	13:46/M
11	Tiffany Njemanze		293	9	104	43:28.3	43:30.9	14:02/M
12	Moria Morris	Bowie	587	8	106	43:59.3	44:09.0	14:15/M
13	Gabriella Gray	Crofton	555	6	112	44:17.5	44:51.4	14:28/M
14	Aysia Adams	Crofton	503	7	119	47:00.4	47:21.2	15:16/M

### Female 13 to 17

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Taylor Lee	Bowie	575	14	39	27:42.1	27:46.3	8:57/M
2	Sarah Crank	Bowie	543	16	64	33:27.7	33:38.0	10:51/M
3	Alexis Walker	Bowie	629	15	65	33:29.7	33:33.8	10:49/M
4	Adela Brown	Bowie	518	13	81	38:59.4	39:08.8	12:37/M
5	Mya Stanley	Crofton	618	14	91	42:29.6	42:45.6	13:47/M
6	Rachel Bruce	Bowie	522	15	92	42:30.6	42:41.1	13:46/M
7	Ryann Owen		285	13	93	42:31.0	42:40.7	13:46/M
8	Melanie Brumble	Annapolis	527	17	99	42:55.8	43:08.3	13:55/M
9	Princess Njemanze		292	16	102	43:10.2	43:13.0	13:56/M
10	Kristal Stanley	Crofton	617	16	108	44:10.8	44:25.6	14:20/M

### Female 18 to 29

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Kristen Hogue	Bowie	563	28	31	25:51.9	25:56.4	8:22/M
2	Emily Watkins	Arnold	631	20	44	29:30.6	29:37.8	9:33/M
3	Catherine Beard	Arnold	509	25	50	30:33.9	30:41.6	9:54/M
4	Angelina Olsen	Bowie	593	24	54	31:16.4	31:24.4	10:08/M
5	Charity Rose		294	29	69	35:28.3	35:34.8	11:28/M
6	Rachel Castillo	Bowie	531	19	75	36:45.3	36:58.3	11:55/M
7	Katie Caswell	Odenton	535	21	123	48:32.5	48:51.2	15:45/M
8	Megan Brumble	Annapolis	526	22	126	49:07.5	49:15.8	15:53/M

### Female 30 to 49

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Nicholette Chambers	Bowie	538	33	12	21:36.1	21:41.7	7:00/M
2	Lakisha Harris	Odenton	560	37	18	23:45.4	23:47.6	7:40/M
3	Regina Ellis	Gambrills	545	46	25	24:28.1	24:31.7	7:55/M
4	Esther Lyon	Crofton	579	32	26	24:40.5	25:24.6	8:12/M
5	Maria Jose Brown	Bowie	516	40	37	27:09.0	27:12.6	8:46/M
6	Jennifer Karamatsos	Bowie	567	37	38	27:13.2	27:18.8	8:48/M
7	Julie Kozy	Laurel	571	33	40	27:58.1	28:03.8	9:03/M
8	Sha-Lisa McKnight	Bowie	584	45	53	30:58.4	31:03.1	10:01/M
9	Luann Meyer	Bowie	586	44	58	32:15.5	32:34.8	10:30/M
10	Elaine Caswell	Odenton	533	47	59	32:32.9	32:32.9	10:30/M
11	Claudia Womack	Baltimore	642	36	61	32:50.8	32:55.8	10:37/M
12	Deborah Womack	Bowie	643	46	62	32:52.0	32:57.0	10:38/M
13	Victoria Ukutt	Bowie	626	36	67	35:19.3	35:23.4	11:25/M
14	Lisa Gagnon	Bowie	549	35	70	35:28.5	35:34.5	11:28/M
15	Bonita Singletary	Bowie	613	45	72	36:28.2	36:40.2	11:50/M
16	Melissa Morris	Bowie	588	44	79	38:38.6	38:48.1	12:31/M
17	Mercy Bruce	Bowie	521	41	82	38:59.7	39:10.6	12:38/M
18	Banke Akinmolayan	Laurel	506	33	83	40:05.5	40:45.8	13:09/M
19	Merena George	Bowie	552	43	88	41:08.2	41:19.8	13:20/M
20	Julie Myers		286	37	90	41:54.2	42:03.3	13:34/M
21	Solayide Akinmolayan	Hyattsville	505	32	97	42:39.9	43:21.6	13:59/M
22	Valerie Peters	Bowie	596	35	101	43:01.5	43:14.4	13:57/M
23	Deidre Randol	Upper Marlboro	601	44	114	44:55.5	45:09.4	14:34/M

Female 30 to 49

-----Total-----								
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
24	Pamela Stanley	Crofton	619	42	116	45:17.2	45:32.6	14:41/M
25	Keri Gray	Crofton	553	34	118	45:25.8	46:00.2	14:50/M
26	Michelle Adams	Crofton	502	41	120	47:00.8	47:21.4	15:16/M
27	Dani Quickley	Crofton	599	36	134	53:30.2	53:48.3	17:21/M
28	Bianca Garner-Smith	Crofton	551	36	135	53:45.3	54:03.2	17:26/M
29	Peris Kabar	Cockeysville	566	32	138	58:31.1	58:45.3	18:57/M

Female 50 and Over

-----Total-----								
<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
1	Linda Rossi	Beltsville	607	50	57	32:11.9	32:34.0	10:30/M
2	Barbara Bolden	Upper Marlboro	514	52	66	34:17.0	34:32.7	11:08/M
3	Lynn Boyer	Odenton	515	67	85	40:45.9	40:59.3	13:13/M
4	Robin Smith	Bel Air	615	58	98	42:55.1	43:06.4	13:54/M
5	LeeAnn Roberts	Crofton	605	54	103	43:22.2	43:36.1	14:04/M
6	Charon Williams	Bowie	639	55	109	44:12.5	44:29.0	14:21/M
7	Nancy Dillon	Huntingtown	544	61	111	44:17.0	44:29.7	14:21/M
8	Sharon Kopp-Martin	Odenton	570	54	124	48:32.9	48:50.8	15:45/M
9	Cheryl Bukoski	Crofton	528	52	125	48:50.2	49:12.7	15:52/M
10	JoAnna Brumble	Annapolis	525	52	127	50:26.6	50:34.6	16:19/M
11	Betsy Struss	Hanover	620	57	128	50:26.7	50:48.0	16:23/M
12	Ann Swart	Bowie	621	82	130	50:37.1	51:13.8	16:31/M
13	Jackie McGreal	Crofton	583	63	131	50:55.0	51:30.4	16:37/M
14	Mary Jane Jerde	Bowie	565	60	136	53:47.1	54:01.7	17:25/M
15	Cheryl Bennett	Cockeysville	512	51	137	58:30.7	58:46.0	18:57/M

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	
1	Jerry Greenlaw	Arlington	557	26	1	15:13.9	15:20.2	4:57/M

# Cornerstone Church 5k Run/Walk

Race Date

## Age Group Results

May 18, 2014

### Male 12 and Under

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Ammiel Moses	Bowie	591	12	19	23:48.8	23:51.9	7:42/M
2	Nathan Brown	Bowie	519	9	32	25:55.3	26:02.9	8:24/M
3	Seth Torres	Crofton	623	11	46	29:48.7	29:53.7	9:38/M
4	Noah Beasy	Bowie	510	6	56	31:45.9	31:51.5	10:16/M
5	Jacob Brown	Bowie	517	8	60	32:33.2	32:41.8	10:33/M
6	Marshall Womack	Bowie	644	10	63	33:05.7	33:10.3	10:42/M
7	Immanuel Morris	Bowie	590	10	76	36:46.5	36:55.5	11:55/M
8	Danish Khati		297	10	78	38:21.0	38:44.6	12:30/M
9	Emmett Gray	Crofton	556	2	117	45:25.8	46:00.4	14:50/M
10	Simeone Smith	Crofton	614	8	132	52:28.2	52:47.2	17:02/M
11	Matthew King		287	8	133	52:28.6	52:47.1	17:02/M

### Male 13 to 17

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Alex Weatherford	Severna Park	634	16	9	20:30.2	20:34.7	6:38/M
2	Will Weatherford	Severna Park	635	14	13	22:20.9	22:25.1	7:14/M
3	Aaron Lowe	Bowie	578	17	16	23:21.3	23:24.6	7:33/M
4	Myles Weatherford	Severna Park	636	13	20	23:54.3	23:59.5	7:44/M
5	Trent Randol	Upper Marlboro	603	16	21	24:01.2	24:12.6	7:48/M
6	Grant Randol	Upper Marlboro	602	13	24	24:21.5	24:36.0	7:56/M
7	Nicholas Bukoski	Crofton	529	15	45	29:40.4	29:54.6	9:39/M

### Male 18 to 29

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Daniel Ballah	Bowie	508	23	6	19:23.5	19:25.4	6:16/M
2	Caleb Olsen	Bowie	594	26	11	21:00.9	21:07.9	6:49/M
3	Phil Sabella	Odenton	609	26	22	24:05.7	24:13.6	7:49/M
4	Paul Cho		299	22	28	25:06.2	25:14.6	8:08/M
5	Paul Walker		284	29	36	27:03.8	27:12.4	8:46/M
6	Matthew Lehmann	Crofton	577	25	42	28:25.3	28:46.8	9:17/M
7	Stan Hubbard	Lothian	564	22	51	30:57.3	31:03.8	10:01/M
8	Keenan Caswell	Odenton	536	18	122	48:32.0	48:50.9	15:45/M

### Male 30 to 49

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Greg Gagnon	Bowie	550	36	3	18:36.2	18:37.9	6:00/M
2	Akinyemi Akinmolayan	Lanham	504	32	7	19:32.5	19:35.4	6:19/M
3	Daniel Molina		296	36	8	19:54.0	19:58.2	6:26/M
4	Garrett Lyon	Crofton	580	30	10	20:36.1	21:20.9	6:53/M
5	Ross Weatherford	Severna Park	632	40	17	23:22.4	23:27.8	7:34/M
6	Michael Pearson	Ellicott City	595	48	23	24:19.7	24:23.4	7:52/M
7	John Lee	Bowie	574	48	27	24:48.2	24:51.8	8:01/M
8	Jesse Gray	Monkton	554	34	30	25:29.3	25:48.7	8:19/M
9	Christopher Coe	Bowie	540	42	33	26:11.8	26:23.3	8:31/M
10	Jonas Amoonarquah	Crofton	507	33	35	26:57.6	27:01.7	8:43/M
11	Brent Adams	Crofton	501	47	47	29:56.6	30:16.4	9:46/M
12	Nahim Rosa		289	37	48	29:58.0	30:04.9	9:42/M
13	James Beasy	Bowie	511	40	55	31:44.7	31:50.9	10:16/M
14	Jason Rose		295	31	68	35:28.0	35:35.2	11:29/M
15	Jerome Bruce	Bowie	520	44	77	36:57.9	37:09.0	11:59/M
16	Amy Weatherford	Severna Park	633	38	80	38:45.0	38:57.6	12:34/M
17	Mark Samuels-Thomson		300	33	100	43:00.7	43:14.7	13:57/M
18	Timothy Morris	Bowie	589	44	105	43:59.3	44:09.6	14:15/M
19	Kim Stanley	Crofton	616	45	115	45:16.6	45:32.3	14:41/M

### Male 50 and Over

-----Total-----								
Place	Name	City	Bib No	Age	Overall	Chip Time	Gun Time	Pace
1	Norval Cox	Rockville	541	52	4	19:01.0	19:04.3	6:09/M
2	Karl Crank	Bowie	542	51	5	19:04.4	19:06.3	6:10/M

Male 50 and Over

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Chip Time</u>	<u>Gun Time</u>	<u>Pace</u>
3	Jim Oas	Laurel	592	58	14	22:29.2	22:32.4	7:16/M
4	Paul Scheihing	Davidsonville	611	57	15	22:46.3	22:51.3	7:22/M
5	Mark Lehmann	Crofton	576	54	29	25:17.4	25:25.7	8:12/M
6	James Cho	Damascus	539	54	34	26:43.2	26:45.4	8:38/M
7	John Powell	Bowie	598	51	41	28:14.2	28:31.3	9:12/M
8	George Warren	Davidsonville	630	59	71	36:03.7	36:20.6	11:43/M
9	Manny Castillo	Bowie	530	52	74	36:45.1	36:58.1	11:55/M
10	Craig Vance	Crofton	628	52	89	41:34.6	41:44.0	13:28/M
11	Gale Martin	Odenton	581	52	107	44:07.5	44:25.5	14:20/M
12	Jim McGreal	Crofton	582	59	110	44:16.8	44:51.0	14:28/M
13	Coleman Brown		291	68	113	44:22.0	44:38.6	14:24/M
14	Mark Roberts	Crofton	606	55	121	47:04.7	47:21.9	15:16/M
15	John Bloomfield	Crofton	513	58	129	50:27.2	50:48.6	16:23/M