

Caleb's Corner 5K 2018

Race Date

October 13, 2018

Overall Finish List

5k Run

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
								Chip Time	Gun Time	Diff	Pace
1		Deniga Acker	Washington DC	895	39	F	1 Open	22:57.4	22:59.2	0:01.7	7:23/M
2		Eric Owuor	WASHINGTON DC	863	45	M	1 Open	25:03.4	25:11.5	0:08.1	8:03/M
3		Chuck Fromm	Kensington MD	491	56	M	1 50-59	25:21.6	25:22.2	0:00.6	8:09/M
4		Henrita Appiah	Columbia MD	777	35	F	1 30-39	25:58.7	26:00.1	0:01.3	8:21/M
5		Doneka Clark	Waldorf MD	894	37	F	2 30-39	26:01.3	26:10.7	0:09.3	8:22/M
6		Patricia Abernathy-Clark	Bowie MD	892	48	F	1 40-49	27:26.8	27:28.3	0:01.4	8:49/M
7		Baraka Ondiek	Silver Spring MD	838	49	M	1 40-49	29:02.0	29:08.8	0:06.8	9:20/M
8		Daniel Agyekum	Upper Marlboro MD	932	36	M	1 30-39	29:02.7	29:02.7		9:20/M
9		Lawrence Odonkor	Bristow VA	433	40	M	2 40-49	29:20.1	29:20.8	0:00.7	9:26/M
10		Matthew Faulknham	CHESAPEAK BCH	891	38	M	2 30-39	29:51.5	29:58.2	0:06.6	9:36/M
11		Marvin Njorge		898	31	M	3 30-39	29:52.7	30:00.3	0:07.6	9:36/M
12		Nneka Okoye	Washington DC	428	36	F	3 30-39	30:19.6	30:25.5	0:05.8	9:45/M
13		Zacary Clark	Waldorf MD	853	12	M	1 0-13	31:08.1	31:16.8	0:08.7	10:01/M
14		Michael Nsiah	Elkridge MD	430	44	M	3 40-49	31:20.7	31:21.0	0:00.3	10:05/M
15		Bryan Hull	LAUREL MD	890	35	M	4 30-39	31:24.7	31:26.5	0:01.8	10:06/M
16		Erin Brindle	Washington DC	762	41	F	2 40-49	31:52.1	31:53.3	0:01.2	10:15/M
17		Agyeman Amprofi	Savage MD	760	34	M	5 30-39	32:49.8	32:54.2	0:04.3	10:33/M
18		BENJAMIN BOAMAH	Germantown MD	789	32	M	6 30-39	32:51.5	32:54.0	0:02.4	10:34/M
19		Gaila Compton	Derwood MD	889	45	F	3 40-49	32:51.8	32:57.2	0:05.4	10:34/M
20		Timothy Summers	Laurel MD	343	61	M	1 60-69	33:02.7	33:05.1	0:02.4	10:37/M
21		leslie Frimpong	LAUREL MD	896	19	F	1 14-19	34:20.2	34:21.9	0:01.6	11:02/M
22		Miles Dagadu	Washington DC	469	5	M	2 0-13	35:37.0	35:42.1	0:05.0	11:27/M
23		Nana Dagadu	Washington DC	899	33	F	4 30-39	35:37.0	35:42.4	0:05.3	11:27/M
24		Doris Lartey	Silver Spring MD	930	21	F	1 20-29	39:11.8	39:13.6	0:01.7	12:36/M
25		Rammy Frimpong	Burtonsville MD	935	26	F	2 20-29	39:13.5	39:13.5		12:37/M
26		DJ Solo	Randallstownran MD	481	37	M	7 30-39	40:46.6	40:52.7	0:06.0	13:06/M
27		Brittney Barnes	Frederick MD	320	38	F	5 30-39	41:14.6	41:24.6	0:10.0	13:15/M
28		Mark Frimpong	Woodbridge VA	761	46	M	4 40-49	43:05.3	43:07.4	0:02.1	13:51/M
29		Jeremy Dadzie	Laurel MD	902	32	M	8 30-39	43:34.8	43:39.1	0:04.3	14:01/M
30		Adrienne Lockhart	Washington DC	924	23	F	3 20-29	43:48.2	43:50.2	0:01.9	14:05/M
31		Patricia Swayne	Lanham MD	427	29	F	4 20-29	43:56.5	44:01.9	0:05.4	14:08/M
32		Olu Sokan	Baltimore MD	380	34	F	6 30-39	44:26.8	44:27.8	0:01.0	14:17/M
33		Hannah Frimpong	Laurel MD	897	28	F	5 20-29	45:07.4	45:09.9	0:02.4	14:30/M
34		Monifa Thomas	LAUREL MD	893	43	F	4 40-49	45:18.5	45:22.9	0:04.3	14:34/M
35		Barbara Swayne	Lanham MD	385	60	F	1 60-69	46:44.5	46:50.6	0:06.0	15:02/M
36		Beverly Frimpong	Severn MD	931	29	F	6 20-29	48:43.3	48:51.4	0:08.0	15:40/M
37		Priscilla Gaillard	District Heights MD	790	26	F	7 20-29	48:48.3	48:50.4	0:02.0	15:41/M
38		Philip Amponsah	Columbia MD	440	33	M	9 30-39	49:04.5	49:11.6	0:07.0	15:47/M
39		SARAH KEMBLE	Columbia MD	914	80	F	1 70-99	49:10.9	49:19.8	0:08.8	15:49/M
40		Awo Tetteh-Bamfo	BOYDS MD	866	47	F	5 40-49	53:24.6	53:31.2	0:06.6	17:10/M
41		Jill Nolan	Laurel MD	781	41	F	6 40-49	53:24.8	53:31.0	0:06.1	17:10/M