

Race Date
May 04, 2019

Healthy Trails 5K
Age Group Results

5K

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Chip</u>	
						<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Coleen Sullivan		118	48	12	35:09.0	35:12.4	0:03.4	11:18/M
2	Danielle LaSure-Bryant		119	54	13	35:34.0	35:55.8	0:21.8	11:26/M
3	Lonice Priester		158	45	16	36:48.0	36:51.2	0:03.2	11:50/M

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5K

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Tiffany Pometto		174	34	18	37:56.0	38:00.4	0:04.3	12:12/M
2	* Maureen Delaney		161	39	28	46:42.4	46:48.0	0:05.5	15:01/M
3	* Dolores Hooban		126	37	55	1:07:10.3	1:07:38.4	0:28.1	21:36/M

Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Jill Howlett		143	44	27	46:42.3	46:47.5	0:05.2	15:01/M
2	* Kimberly Ford		153	46	30	48:16.4	48:25.9	0:09.5	15:31/M
3	* Taia Shabazz		172	48	32	50:17.4	50:35.8	0:18.3	16:10/M
4	Natasha Mills		164	49	33	50:40.7	50:57.0	0:16.2	16:17/M
5	Jennifer Cormeny		142	47	34	51:01.6	51:17.2	0:15.6	16:24/M
6	Rebecca Cormeny		167	47	35	51:02.3	51:17.5	0:15.2	16:25/M
7	Rebecca Scott	Clinton MD	361	44	36	51:03.0	51:18.5	0:15.5	16:25/M
8	Lisa Daniels		157	42	48	1:01:31.0	1:01:41.3	0:10.3	19:47/M
9	Christi Meeks		117	43	51	1:03:11.5	1:03:32.1	0:20.5	20:19/M
10	Kelsi Bracmort		151	40	53	1:05:50.9	1:05:50.9		21:10/M
11	Laila Miller		155	42	54	1:07:07.5	1:07:35.9	0:28.4	21:35/M

Female 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Gina Brown		134	57	19	39:10.6	39:10.6		12:36/M
2	* Gail Craig		133	54	21	42:07.2	42:19.3	0:12.1	13:33/M
3	* Kelli Crouch		150	53	43	56:56.8	57:23.4	0:26.6	18:18/M
4	Denise Andrews	Upper Marlboro MD	303	52	45	58:24.9	58:46.5	0:21.5	18:47/M
5	Funmilayo Adebayo		132	59	56	1:09:32.9	1:10:08.1	0:35.1	22:21/M
6	Bonita McKoy		109	52	57	1:09:34.0	1:10:08.1	0:34.1	22:22/M
DQ	Kimberly Doehnert	Springfield VA	152	52	DQ	---	---		---

Female 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Kathy Archer		149	66	20	39:11.1	39:11.1		12:36/M
2	* Wendy Kinnney		178	62	23	44:56.0	45:03.8	0:07.7	14:27/M
3	* Jacqueline Isaac		136	65	38	55:14.7	55:28.8	0:14.1	17:46/M
4	Denise Brown		124	63	44	56:57.6	57:24.7	0:27.1	18:19/M
5	Sandra Mason		169	66	46	59:07.9	59:20.6	0:12.7	19:01/M
6	Karen Beverly		148	61	50	1:02:59.2	1:03:29.7	0:30.5	20:15/M
7	Dorothy Marshall		127	66	52	1:05:27.4	1:05:50.5	0:23.1	21:03/M

Female 70 and Over

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Delories Williams	Upper Marlboro MD	351	75	26	46:38.0	46:38.6	0:00.6	15:00/M
2	* Brenda Butler		110	71	29	48:15.3	48:21.1	0:05.7	15:31/M
3	* Trudy Gatewood		175	73	37	52:37.5	53:01.0	0:23.4	16:55/M
4	Florence Crouch		131	75	40	56:53.2	57:19.2	0:26.0	18:17/M
5	Velma Cole		176	71	41	56:53.4	57:20.3	0:26.8	18:17/M

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<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Chip</u>	
						<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	<u>Pace</u>
1	Mark Walchinsky	Alexandria VA	363	40	1	18:50.3	18:51.0	0:00.6	6:03/M
2	Chris Szoeh		116	35	2	19:03.7	19:03.7		6:08/M
3	Augustus Jones		105	32	3	24:37.4	24:37.5	0:00.0	7:55/M

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Male 13 and Under

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Thomas Nolan		173	9	14	36:05.2	36:11.7	0:06.5	11:36/M
2	* Jayden Brown		139	7	25	45:07.7	45:14.0	0:06.3	14:30/M
3	* Isaiah Daniels		135	8	47	1:01:23.8	1:01:32.5	0:08.7	19:44/M

Male 20 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Edwin Jijon		128	25	24	45:07.4	45:14.0	0:06.6	14:30/M

Male 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Alex Gurzau		101	33	5	26:11.5	26:13.2	0:01.7	8:25/M
2	* Anthony Jefferson		103	39	6	27:36.7	27:37.0	0:00.3	8:52/M
3	* Reginald Tooley		168	33	8	31:06.6	31:10.7	0:04.0	10:00/M
4	Joshua Jackson		146	36	9	31:16.1	31:17.9	0:01.8	10:03/M
5	Jaydonte Bonds		140	33	11	34:25.6	34:28.1	0:02.5	11:04/M
6	Christopher Kenji	Washington DC	365	36	22	42:14.7	42:19.0	0:04.3	13:35/M

Male 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* John Trusty		144	41	4	24:44.7	24:46.4	0:01.7	7:57/M
2	* Joseph Bush		145	46	39	55:18.3	55:30.1	0:11.8	17:47/M
3	* Lorenzo Daniels		159	46	49	1:01:39.5	1:01:48.7	0:09.2	19:49/M

Male 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Michael Sullivan		162	51	7	28:27.1	28:28.5	0:01.4	9:09/M
2	* George Bryant	Fort Washington MD	356	56	10	33:20.8	33:33.4	0:12.6	10:43/M
3	* Antonio Jackson		104	58	15	36:08.5	36:11.2	0:02.7	11:37/M
4	Norman Turner		165	57	42	56:55.8	57:24.6	0:28.7	18:18/M

Male 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Kurt Doehnert	Springfield VA	154	62	17	36:54.1	36:56.7	0:02.5	11:52/M

Male 70 and Over

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* C.P. Payne		112	72	31	48:39.8	48:44.8	0:04.9	15:39/M