

Race Date
May 04, 2019

Healthy Trails 5K

Overall Finish List

5K

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
								Chip Time	Gun Time	Diff	Pace
	1	Mark Walchinsky	Alexandria VA	363	40	M	1 Open	18:50.3	18:51.0	0:00.6	6:03/M
	2	Chris Szoch		116	35	M	2 Open	19:03.7	19:03.7		6:08/M
	3	Augustus Jones		105	32	M	3 Open	24:37.4	24:37.5	0:00.0	7:55/M
	4	John Trusty		144	41	M	1 40-49	24:44.7	24:46.4	0:01.7	7:57/M
	5	Alex Gurzau		101	33	M	1 30-39	26:11.5	26:13.2	0:01.7	8:25/M
	6	Anthony Jefferson		103	39	M	2 30-39	27:36.7	27:37.0	0:00.3	8:52/M
	7	Michael Sullivan		162	51	M	1 50-59	28:27.1	28:28.5	0:01.4	9:09/M
	8	Reginald Tooley		168	33	M	3 30-39	31:06.6	31:10.7	0:04.0	10:00/M
	9	Joshua Jackson		146	36	M	4 30-39	31:16.1	31:17.9	0:01.8	10:03/M
	10	George Bryant	Fort Washington MD	356	56	M	2 50-59	33:20.8	33:33.4	0:12.6	10:43/M
	11	Jaydonte Bonds		140	33	M	5 30-39	34:25.6	34:28.1	0:02.5	11:04/M
	12	Coleen Sullivan		118	48	F	1 Open	35:09.0	35:12.4	0:03.4	11:18/M
	13	Danielle LaSure-Bryant		119	54	F	2 Open	35:34.0	35:55.8	0:21.8	11:26/M
	14	Thomas Nolan		173	9	M	1 1-13	36:05.2	36:11.7	0:06.5	11:36/M
	15	Antonio Jackson		104	58	M	3 50-59	36:08.5	36:11.2	0:02.7	11:37/M
	16	Lonice Priestner		158	45	F	3 Open	36:48.0	36:51.2	0:03.2	11:50/M
	17	Kurt Doehnert	Springfield VA	154	62	M	1 60-69	36:54.1	36:56.7	0:02.5	11:52/M
	18	Tiffany Pometto		174	34	F	1 30-39	37:56.0	38:00.4	0:04.3	12:12/M
	19	Gina Brown		134	57	F	1 50-59	39:10.6	39:10.6		12:36/M
	20	Kathy Archer		149	66	F	1 60-69	39:11.1	39:11.1		12:36/M
	21	Gail Craig		133	54	F	2 50-59	42:07.2	42:19.3	0:12.1	13:33/M
	22	Christopher Kenji	Washington DC	365	36	M	6 30-39	42:14.7	42:19.0	0:04.3	13:35/M
	23	Wendy Kinnney		178	62	F	2 60-69	44:56.0	45:03.8	0:07.7	14:27/M
	24	Edwin Jijon		128	25	M	1 20-29	45:07.4	45:14.0	0:06.6	14:30/M
	25	Jayden Brown		139	7	M	2 1-13	45:07.7	45:14.0	0:06.3	14:30/M
	26	Delories Williams	Upper Marlboro MD	351	75	F	1 70-99	46:38.0	46:38.6	0:00.6	15:00/M
	27	Jill Howlett		143	44	F	1 40-49	46:42.3	46:47.5	0:05.2	15:01/M
	28	Maureen Delaney		161	39	F	2 30-39	46:42.4	46:48.0	0:05.5	15:01/M
	29	Brenda Butler		110	71	F	2 70-99	48:15.3	48:21.1	0:05.7	15:31/M
	30	Kimberly Ford		153	46	F	2 40-49	48:16.4	48:25.9	0:09.5	15:31/M
	31	C.P. Payne		112	72	M	1 70-99	48:39.8	48:44.8	0:04.9	15:39/M
	32	Taia Shabazz		172	48	F	3 40-49	50:17.4	50:35.8	0:18.3	16:10/M
	33	Natasha Mills		164	49	F	4 40-49	50:40.7	50:57.0	0:16.2	16:17/M
	34	Jennifer Cormeny		142	47	F	5 40-49	51:01.6	51:17.2	0:15.6	16:24/M
	35	Rebecca Cormeny		167	47	F	6 40-49	51:02.3	51:17.5	0:15.2	16:25/M
	36	Rebecca Scott	Clinton MD	361	44	F	7 40-49	51:03.0	51:18.5	0:15.5	16:25/M
	37	Trudy Gatewood		175	73	F	3 70-99	52:37.5	53:01.0	0:23.4	16:55/M
	38	Jacqueline Isaac		136	65	F	3 60-69	55:14.7	55:28.8	0:14.1	17:46/M
	39	Joseph Bush		145	46	M	2 40-49	55:18.3	55:30.1	0:11.8	17:47/M
	40	Florence Crouch		131	75	F	4 70-99	56:53.2	57:19.2	0:26.0	18:17/M
	41	Velma Cole		176	71	F	5 70-99	56:53.4	57:20.3	0:26.8	18:17/M
	42	Norman Turner		165	57	M	4 50-59	56:55.8	57:24.6	0:28.7	18:18/M
	43	Kelli Crouch		150	53	F	3 50-59	56:56.8	57:23.4	0:26.6	18:18/M
	44	Denise Brown		124	63	F	4 60-69	56:57.6	57:24.7	0:27.1	18:19/M
	45	Denise Andrews	Upper Marlboro MD	303	52	F	4 50-59	58:24.9	58:46.5	0:21.5	18:47/M
	46	Sandra Mason		169	66	F	5 60-69	59:07.9	59:20.6	0:12.7	19:01/M
	47	Isaiah Daniels		135	8	M	3 1-13	1:01:23.8	1:01:32.5	0:08.7	19:44/M
	48	Lisa Daniels		157	42	F	8 40-49	1:01:31.0	1:01:41.3	0:10.3	19:47/M
	49	Lorenzo Daniels		159	46	M	3 40-49	1:01:39.5	1:01:48.7	0:09.2	19:49/M
	50	Karen Beverly		148	61	F	6 60-69	1:02:59.2	1:03:29.7	0:30.5	20:15/M
	51	Christi Meeks		117	43	F	9 40-49	1:03:11.5	1:03:32.1	0:20.5	20:19/M
	52	Dorothy Marshall		127	66	F	7 60-69	1:05:27.4	1:05:50.5	0:23.1	21:03/M
	53	Kelsi Bracmort		151	40	F	10 40-49	1:05:50.9	1:05:50.9		21:10/M
	54	Laila Miller		155	42	F	11 40-49	1:07:07.5	1:07:35.9	0:28.4	21:35/M
	55	Dolores Hooban		126	37	F	3 30-39	1:07:10.3	1:07:38.4	0:28.1	21:36/M
	56	Funmilayo Adebayo		132	59	F	5 50-59	1:09:32.9	1:10:08.1	0:35.1	22:21/M
	57	Bonita McKoy		109	52	F	6 50-59	1:09:34.0	1:10:08.1	0:34.1	22:22/M
	DQ	Kimberly Doehnert	Springfield VA	152	52	F	DQ 50-59	---	---		---