

Caleb's Corner 5K Run & 1 Mile Walk

Age Group Results

5k

Race Date
October 12, 2019

<h3>Female Open Winners</h3>

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Chip</u>	<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	
1	Denita Acker	Washington DC	788	39	3	22:38.4	22:38.4	0:00.0	7:15/M

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Female 13 and Under

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Maren Lee	Columbia MD	763	8	21	31:06.0	31:08.2	0:02.1	10:00/M
2	* Willa Dagadu	Washington DC	799	4	49	45:02.6	45:05.9	0:03.2	14:29/M

Female 20 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Brittany Miller	Mc Lean VA	755	26	31	34:32.3	34:40.5	0:08.1	11:06/M
2	* Doris Lartey	Silver Spring MD	978	22	34	37:32.1	37:37.4	0:05.3	12:04/M
3	* Erwin Belinda		1655	28	45	40:35.7	40:40.2	0:04.5	13:03/M
4	Luwun Sehaye	Washington DC	732	26	46	41:06.0	41:11.5	0:05.4	13:13/M
5	Priscilla Gaillard	District Heights MD	795	27	56	52:40.1	52:40.6	0:00.4	16:56/M
6	Unknown Frimpong		1654	27	57	53:34.9	53:40.1	0:05.2	17:14/M
7	Beryl Boakye		1653	25	58	55:28.9	55:30.7	0:01.8	17:50/M

Female 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Cynthia Agyeman-Anane	Severna Park MD	1624	36	9	26:10.2	26:14.8	0:04.5	8:25/M
2	* Nnenna Okeke	Bowie MD	887	38	36	38:20.1	38:25.2	0:05.1	12:20/M
3	* Sokan Funke	Ellicott City MD	1632	37	37	38:26.9	38:33.6	0:06.7	12:22/M
4	Nana Dagadu	Washington DC	798	34	50	45:03.2	45:06.5	0:03.2	14:29/M
5	Josephine Karikari Gyamerah	Bowie MD	767	37	51	45:13.1	45:15.6	0:02.5	14:32/M
6	Hazel Frempong	Greenbelt MD	784	35	52	45:17.6	45:20.2	0:02.6	14:34/M

Female 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Patricia Abernathy-Clark		723	49	14	28:27.3	28:30.5	0:03.2	9:09/M
2	* Laura Rowland	Silver Spring MD	709	49	32	36:08.9	36:17.8	0:08.8	11:37/M
3	* Lily Manful	Leesburg VA	1189	41	33	36:58.8	37:00.0	0:01.1	11:53/M
4	Erin Brindle	Washington DC	789	42	39	38:33.4	38:36.6	0:03.2	12:24/M
5	Heidi Wehring	Washington DC	770	46	40	39:09.0	39:18.1	0:09.1	12:35/M
6	Cherry Bernardo	Perry Hall MD	786	41	41	39:43.4	39:50.6	0:07.2	12:46/M
7	Mo Thoman		718	44	54	46:24.7	46:30.1	0:05.3	14:55/M

Female 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Michelle Butler	College Park MD	739	64	25	32:07.1	32:11.4	0:04.2	10:20/M
2	* Mary Yancey	Hyattsville MD	1652	63	55	50:50.4	50:57.7	0:07.2	16:21/M
3	* Arabella Wright	Laurel MD	774	63	59	1:03:40.4	1:03:51.4	0:10.9	20:28/M
4	Maria Rivera	Laurel MD	775	68	60	1:03:40.9	1:03:52.6	0:11.7	20:29/M

Female 70 and Over

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1	* Leslie Frimpong	LAUREL MD	1166	99	12	27:32.9	27:33.2	0:00.2	8:52/M

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Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>-----Total-----</u>		<u>Chip</u>	<u>Pace</u>
						<u>Chip Time</u>	<u>Gun Time</u>	<u>Diff</u>	
1	Omari Daughtridge	Fort Washington MD	757	33	1	21:32.3	21:32.3	0:00.0	6:55/M

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Male 13 and Under

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1 *	Zacary Clark	Waldorf MD	943	13	20	30:36.9	30:39.1	0:02.1	9:51/M
2 *	Miles Dagadu	Washington DC	797	6	38	38:32.6	38:35.4	0:02.7	12:24/M

Male 20 to 29

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1 *	Alan Kelley	Washington DC	725	28	11	27:02.5	27:07.8	0:05.2	8:42/M
2 *	Nii Laryea	Silver Spring MD	780	27	24	31:40.0	31:46.0	0:06.0	10:11/M
3 *	Joseph Mensah	Silver Spring MD	738	29	26	32:42.9	32:52.7	0:09.8	10:31/M

Male 30 to 39

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1 *	Benjamin Miles		715	38	2	22:25.5	22:26.4	0:00.8	7:13/M
2 *	Ryan Johnson	Reston VA	710	32	5	25:46.7	25:51.0	0:04.3	8:17/M
3 *	Daniel Agyekum	Upper Marlboro MD	773	37	6	25:49.9	25:49.9		8:18/M
4	Matthew Hostetler	Laurel MD	771	32	7	26:01.1	26:02.0	0:00.9	8:22/M
5	Charles Sowah	Laurel MD	782	38	16	29:00.5	29:03.2	0:02.7	9:20/M
6	Michael Berger	Arnold MD	781	34	17	29:19.0	29:25.3	0:06.3	9:26/M
7	Nana Dwumfour	Columbia MD	787	37	23	31:19.5	31:25.1	0:05.6	10:04/M
8	Kwasi Amaning	Elkridge MD	711	39	27	32:52.0	32:52.8	0:00.8	10:34/M
9	Jesse Barkers	Monrovia MD	886	35	29	34:19.4	34:23.0	0:03.5	11:02/M

Male 40 to 49

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1 *	Wayne Dickey	Washington DC	769	48	8	26:05.5	26:13.5	0:07.9	8:23/M
2 *	David Kaufmann		713	46	13	28:09.9	28:14.8	0:04.9	9:03/M
3 *	Leonard Miles	Fredericksburg VA	768	44	15	28:37.4	28:39.0	0:01.5	9:12/M
4	Lawrence Odonkor	Bristow VA	776	41	18	29:49.8	30:01.1	0:11.2	9:36/M
5	Michael Nsiah	Elkridge MD	745	45	19	29:51.8	29:53.8	0:02.0	9:36/M
6	George Aduhene	Silver Spring MD	794	40	22	31:16.5	31:22.4	0:05.8	10:03/M
7	Mark Frimpong	Woodbridge VA	785	47	35	38:17.5	38:20.6	0:03.1	12:19/M
8	Paul Lee	Columbia MD	764	45	43	39:58.9	40:02.5	0:03.5	12:51/M
9	Nana Osafo	Laurel MD	981	40	47	44:42.6	44:46.7	0:04.1	14:23/M

Male 50 to 59

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1 *	Brian Schaefer	Columbia MD	743	52	4	24:16.5	24:18.6	0:02.0	7:48/M
2 *	Chuck Fromm	Kensington MD	793	57	10	26:49.9	26:50.6	0:00.6	8:38/M

Male 60 to 69

Place	Name	City	Bib No	Age	Overall	-----Total-----		Chip	
						Chip Time	Gun Time	Diff	Pace
1 *	Timothy Summers	Laurel MD	706	62	28	33:39.3	33:50.1	0:10.8	10:49/M