

# Healthy Trails - Breast Cancer 5K

Race Date

October 05, 2019

## Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Joaquin Moreno	Washington DC	1643	32	M	1: Open	22:48.3	7:20/M
2	Myles Dixon		250	11	M	1: 0-19	25:06.7	8:04/M
3	Jonathan Reyes		758	26	M	1: 20-29	25:06.7	8:04/M
4	Morgan Johnson	Clinton MD	698	11	F	1: Open	25:27.1	8:11/M
5	Kevin Mulumba		1139	26	M	2: 20-29	25:52.9	8:19/M
6	Lauren Doucette		754	33	F	1: 30-39	26:28.2	8:31/M
7	Aidan Gough		1635	11	M	2: 0-19	26:43.8	8:36/M
8	Anthony Parris	Fort Washington MD	1644	14	M	3: 0-19	27:15.8	8:46/M
9	Federico Di Luzio		1196	25	M	3: 20-29	27:32.6	8:51/M
10	Gillian Petro	SILVER SPR	747	30	F	2: 30-39	28:13.2	9:04/M
11	Christian Thomas	Annapolis MD	1638	23	M	4: 20-29	28:23.5	9:08/M
12	Koffi Soedje		1542	42	M	1: 40-49	30:46.6	9:54/M
13	Constantania Moreno	Columbia MD	1642	38	F	3: 30-39	31:03.4	9:59/M
14	Phyllis Davis	Mitchellville MD	1570	59	F	1: 50-59	31:04.8	10:00/M
15	Christal Harris	Waldorf MD	1648	44	F	1: 40-49	31:16.8	10:03/M
16	Diedre Neyels	Alexandria VA	247	46	F	2: 40-49	31:45.3	10:13/M
17	Crystal Monteiro		999	17	F	1: 0-19	31:46.2	10:13/M
18	Star Stewart		795	48	F	3: 40-49	32:17.4	10:23/M
19	Antonio Jackson	Hyattsville MD	1149	58	M	1: 50-59	32:28.9	10:27/M
20	Tina Shaffer	Camp Springs MD	798	55	F	2: 50-59	33:38.1	10:49/M
21	Daryl Williams		680	0	M	4: 0-19	33:49.0	10:52/M
22	Miguel Collado	Hyattsville MD	1639	59	M	2: 50-59	34:04.3	10:57/M
23	Lorne McLaughlin		748	51	M	3: 50-59	34:17.4	11:02/M
24	Tonia Buford	Bowie MD	1640	54	F	3: 50-59	34:33.1	11:07/M
25	Delores Williams	Bowie MD	10	75	F	1: 70-99	34:34.9	11:07/M
26	Ryan Silverman		772	33	M	1: 30-39	34:45.1	11:10/M
27	Kurt Doehnert	Springfield VA	702	63	M	1: 60-69	34:50.9	11:12/M
28	Dawn Griffith		716	53	F	4: 50-59	35:24.3	11:23/M
29	Trinette Tucker		1167	48	F	4: 40-49	36:18.6	11:41/M
30	Leslie Jones		766	50	F	5: 50-59	37:37.3	12:06/M
31	Felecia McDaniel	BELTSVILLE	718	48	F	5: 40-49	38:18.9	12:19/M
32	Vonetta Coates		986	43	F	6: 40-49	38:37.6	12:25/M
33	Tammy Beslow		983	50	F	6: 50-59	38:37.9	12:25/M
34	Tanja Boehm	Bowie MD	9	47	F	7: 40-49	39:11.5	12:36/M
35	Keith Parris	Fort Washington MD	1646	61	M	2: 60-69	39:11.6	12:36/M
36	Linda Clark	Bowie MD	12	60	F	1: 60-69	39:12.6	12:36/M
37	Jean Barricklow		1190	61	F	2: 60-69	40:21.0	12:58/M
38	Shayla McRae		771	53	F	7: 50-59	40:29.0	13:01/M
39	Toni McRae		770	53	F	8: 50-59	40:29.9	13:01/M
40	Pamela Quarles		753	55	F	9: 50-59	40:43.7	13:06/M
41	Michael Quarles	Bryans Road MD	1	59	M	4: 50-59	41:11.2	13:15/M
42	Keenen Winston	UPPER MARL	1625	27	M	5: 20-29	41:46.6	13:26/M
43	Keiarea Winston		1150	26	F	1: 20-29	41:47.0	13:26/M
44	Rebecca Cormeny	Silver Spring SILVER	787	48	F	8: 40-49	41:57.7	13:30/M
45	Unknown Partic. 245		245		M	5: 0-19	42:00.2	13:30/M
46	Maria Green		704	55	F	10: 50-59	42:01.9	13:31/M
47	Veronica Collins		1191	69	F	3: 60-69	43:02.8	13:50/M

# Healthy Trails - Breast Cancer 5K

Race Date

October 05, 2019

## Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Betty Wise	UPPER MARL	732	64	F	4: 60-69	43:06.6	13:52/M
49	Ola Gonzales	Oxon Hill MD	5	57	F	11: 50-59	43:23.7	13:57/M
50	SAndee Johnson	Hyattsville MD	2	65	F	5: 60-69	43:35.9	14:01/M
51	Bianca Brooks		998	42	F	9: 40-49	44:06.5	14:11/M
52	Unknown Partic. 681		681		M	6: 0-19	44:47.1	14:24/M
53	Marie Houanche		992	63	F	6: 60-69	44:48.3	14:24/M
54	Bill Butler	Fort Washington	764	75	M	1: 70-99	44:48.6	14:25/M
55	James Monteiro		715	52	M	5: 50-59	44:51.8	14:26/M
56	Michael Dixon		1636	14	M	7: 0-19	44:55.1	14:27/M
57	Michael Johnson	Clinton MD	697	11	M	8: 0-19	45:18.2	14:34/M
58	Sheila Fagan		773	61	F	7: 60-69	45:24.0	14:36/M
59	Deborah Lightfoot	Mitchellville	717	69	F	8: 60-69	45:48.3	14:44/M
60	C.P, Payne	UPPER MARL	731	72	M	2: 70-99	46:16.9	14:53/M
61	Felice Gant	TEMPLE HIL	1608	67	F	9: 60-69	46:36.7	14:59/M
62	Clifton Harris	OXON HILL	1573	66	M	3: 60-69	46:36.9	14:59/M
63	Thomas (Boom) Saunders	UPPER MARL	750	69	M	4: 60-69	47:03.5	15:08/M
64	Judy French	Largo LARGO MD 2	701	66	F	10: 60-69	47:15.3	15:12/M
65	Charlene Harris-Russell	Upper Marlboro	713	62	F	11: 60-69	47:15.8	15:12/M
66	Unknown Partic. 789		789		M	9: 0-19	48:26.0	15:34/M
67	Taia Shabazz	Laurel LAUREL MD	707	49	F	10: 40-49	49:06.8	15:48/M
68	Karen Davis	BELTSVILLE	742	55	F	12: 50-59	49:13.8	15:50/M
69	Regina Hampton	BOWIE MD 2	735	51	F	13: 50-59	49:29.9	15:55/M
70	Daphne Gills	Washington DC	13	56	F	14: 50-59	49:52.3	16:02/M
71	Christine Harley	Upper Marlboro MD	682	38	F	4: 30-39	49:59.2	16:04/M
72	Theresa Brown	Lanham MD	683	46	F	11: 40-49	49:59.7	16:05/M
73	Suzanne Hudgens		1118	56	F	15: 50-59	50:02.3	16:05/M
74	Margie Jones	FORT WASHI	1193	54	F	16: 50-59	50:23.8	16:12/M
75	Gary Jones	FORT WASHI	1192	55	M	6: 50-59	50:26.8	16:13/M
76	Kellie Gowdy		761	53	F	17: 50-59	50:35.1	16:16/M
77	Brenda Butler	Fort Washington	763	72	F	2: 70-99	50:36.2	16:16/M
78	Shamar Cowan	ALEXANDRIA	1175	42	F	12: 40-49	51:05.2	16:26/M
79	DONNA REVEL	OXON HILL	1630	57	F	18: 50-59	51:05.2	16:26/M
80	Tori Tolson		1000	18	F	2: 0-19	51:13.1	16:28/M
81	Felicia Wright		1104	17	F	3: 0-19	51:13.7	16:28/M
82	Jose Moreno II		774	35	M	2: 30-39	52:13.7	16:48/M
83	Shanae Moreno		775	35	F	5: 30-39	52:13.8	16:48/M
84	Jaida Moreno	Upper Marlboro MD	684	11	F	4: 0-19	52:15.2	16:48/M
85	Grace Thomas		1185	2	F	5: 0-19	52:15.3	16:48/M
86	Brittney Thomas		1184	30	F	6: 30-39	52:15.4	16:48/M
87	Charles Thomas		1176	37	M	3: 30-39	52:16.1	16:48/M
88	Hope Thomas		1186	2	F	6: 0-19	52:18.9	16:49/M
89	Denise Bourne	BRANDYWINE	1562	58	F	19: 50-59	52:33.5	16:54/M
90	Trevor Bourne	BRANDYWINE	1563	65	M	5: 60-69	52:36.3	16:55/M
91	Jacqueline Isaac	Fort Washington	708	65	F	12: 60-69	53:40.3	17:15/M
92	Tiffany Pometto	BOWIE MD 2	737	35	F	7: 30-39	53:57.4	17:21/M
93	Fernanda Brown	BOWIE MD 2	740	33	F	8: 30-39	53:57.5	17:21/M
94	Peggy Orr	UPPER MARL	760	59	F	20: 50-59	54:08.7	17:25/M

# Healthy Trails - Breast Cancer 5K

Race Date  
October 05, 2019

## Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
95	Dwight Orr	UPPER MARL	759	58	M	7: 50-59	54:08.7	17:25/M
96	Darlene Dyer		720	55	F	21: 50-59	54:18.4	17:28/M
97	Tonya Driggus		796	46	F	13: 40-49	54:43.8	17:36/M
98	Felicia Mensah		793	49	F	14: 40-49	54:55.0	17:40/M
99	Jennifer Silverman		769	30	F	9: 30-39	55:26.6	17:50/M
100	B etty Harris	OXON HILL	1188	66	F	13: 60-69	55:36.9	17:53/M
101	D'Andre Person	BOWIE MD 2	1633	14	M	10: 0-19	55:42.5	17:55/M
102	Nya Person	BOWIE MD 2	1634	17	F	7: 0-19	55:43.6	17:55/M
103	Carolyn Baker	BOWIE MD 2	1518	73	F	3: 70-99	55:56.2	17:59/M
104	Dorothy Marshall	Ft, Washington FORT	709	66	F	14: 60-69	55:57.9	18:00/M
105	Trudy Gatewood	LANDOVER M	988	74	F	4: 70-99	55:58.1	18:00/M
106	Ann McGuire		1647	46	F	15: 40-49	56:30.7	18:10/M
107	Suzanne Ross	SPRINGFIEL	749	56	F	22: 50-59	56:31.2	18:10/M
108	Edith Parris	Fort Washington MD	1645	47	F	16: 40-49	56:39.6	18:13/M
109	Schwana Melvin		792	49	F	17: 40-49	56:46.9	18:15/M
110	Agnes Bell		794	0	F	8: 0-19	56:48.1	18:16/M
111	PATRICIA MINOR-FREGLY		799	60	F	15: 60-69	56:50.9	18:17/M
112	Carolyn Hart		765	59	F	23: 50-59	56:51.0	18:17/M
113	Tracy Rayford		762	49	F	18: 40-49	56:51.3	18:17/M
114	Katrina Williams		1637	49	F	19: 40-49	57:05.9	18:22/M
115	Dalayah Jackson	Chambersburg PA	16	11	F	9: 0-19	57:12.7	18:24/M
116	Terrance Jackson	Weare NH	14	7	M	11: 0-19	57:12.8	18:24/M
117	AnTuan Guerry		696	49	M	2: 40-49	57:35.6	18:31/M
118	Christina Jackson	Chambersburg PA	15	32	F	10: 30-39	57:37.5	18:32/M
119	Sherry Tate		249	64	F	16: 60-69	57:37.9	18:32/M
120	Angela Smith	Fort Washington MD	679	57	F	24: 50-59	57:38.5	18:32/M
121	Antoinette Guerry		788	57	F	25: 50-59	57:39.4	18:32/M
122	Adeyemi Jimason		738	43	M	3: 40-49	58:28.5	18:48/M
123	Donna Saunders		752	58	F	26: 50-59	58:32.9	18:50/M
124	Joanne Jimason	WOODBRI	739	74	F	5: 70-99	58:33.7	18:50/M
125	Cynthia Hallman		712	54	F	27: 50-59	58:38.7	18:51/M
126	Kelli Crouch	MITCHELLVI	733	53	F	28: 50-59	58:38.8	18:51/M
127	PHYLISS HARRELL		751	60	F	17: 60-69	58:40.4	18:52/M
128	Denise Brown	Upper Marlboro	729	63	F	18: 60-69	58:42.2	18:53/M
129	Norman Turner		741	58	M	8: 50-59	58:44.8	18:53/M
130	Fkorence Crouch	KETTERING	724	76	F	6: 70-99	58:46.8	18:54/M
131	Jaiden Harris	OXON HILL	1586	47	F	20: 40-49	59:26.6	19:07/M
132	V'Nell DeCosta	FORT WASHI	730	66	F	19: 60-69	59:30.6	19:08/M
133	byron travis		728	66	M	6: 60-69	59:42.6	19:12/M
134	Aaron Bowden		746	5	M	12: 0-19	59:42.9	19:12/M
135	Brenda Travis		727	63	F	20: 60-69	59:43.3	19:12/M
136	Karen Beverly		1649	61	F	21: 60-69	1:00:09.0	19:20/M
137	Christine Flowers		756	59	F	29: 50-59	1:00:11.9	19:21/M
138	Pat Maddox		757	59	F	30: 50-59	1:00:13.0	19:22/M
139	Kathy Archer		1198	66	F	22: 60-69	1:00:15.1	19:22/M
140	Kathy Archer		1197	66	F	23: 60-69	1:00:15.6	19:23/M
141	Shirley Bracmort	Fort Washington MD	721	67	F	24: 60-69	1:00:42.1	19:31/M

# Healthy Trails - Breast Cancer 5K

## Overall Finish List

Race Date

October 05, 2019

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
142	Laureena Shah	FORT WASHI	1199	48	F	21: 40-49	1:01:05.8	19:39/M
143	Daniel Bowden Jr.		745	9	M	13: 0-19	1:01:35.1	19:48/M
144	Delora Bowden		743	36	F	11: 30-39	1:01:48.8	19:53/M
145	Willie Griffin		791	61	F	25: 60-69	1:02:04.4	19:58/M
146	Deborah Thompson	Clinton MD	8	51	F	31: 50-59	1:02:35.0	20:07/M
147	Adrienne Yates	Clinton MD	4	52	F	32: 50-59	1:02:35.7	20:08/M
148	Shantese Spriggs	Clinton MD	7	51	F	33: 50-59	1:02:36.0	20:08/M
149	Tammy brown	UPPER MARL	1200	55	M	9: 50-59	1:03:01.0	20:16/M
150	Tiffany Brown	UPPER MARL	1510	17	F	10: 0-19	1:03:01.4	20:16/M
151	Erika Martinez	UPPER MARL	1511	22	F	2: 20-29	1:03:01.5	20:16/M
152	Marsha Stanard	Suitland MD	691	35	F	12: 30-39	1:04:36.2	20:46/M
153	Jason Veney	Suitland MD	690	41	M	4: 40-49	1:04:37.6	20:47/M
154	Shuli Han		790	61	M	7: 60-69	1:04:54.4	20:52/M
155	Sandra Mason	GLENARDEN	786	67	F	26: 60-69	1:05:18.7	21:00/M
156	Valerie Turner		1187	61	F	27: 60-69	1:05:20.0	21:00/M
157	Paulette French	DERWOOD MD	736	69	F	28: 60-69	1:05:28.5	21:03/M
158	Rajiv Sheth		781	57	M	10: 50-59	1:05:32.3	21:04/M
159	Bonita Pratt	UPPER MARL	734	52	F	34: 50-59	1:05:36.7	21:06/M
160	Vivian Brandon-Cole		705	55	F	35: 50-59	1:05:38.6	21:06/M
161	Tabitha Williams	Clinton MD	685	42	F	22: 40-49	1:07:48.9	21:48/M
162	Sandra Toney	Temple Hills MD	687	68	F	29: 60-69	1:07:55.8	21:51/M
163	Renee Smith		767	60	F	30: 60-69	1:07:58.3	21:51/M
164	Regina Williams		768	51	F	36: 50-59	1:07:58.4	21:51/M
165	Shirelle Richardson		755	58	F	37: 50-59	1:08:00.0	21:52/M
166	Jacqueline Casco	Oxon Hill MD	1651	49	F	23: 40-49	1:09:14.2	22:16/M
167	Candice Jackson		797	45	F	24: 40-49	1:09:31.6	22:21/M
168	Nakia Wilson	Capitol Heights MD	11	44	F	25: 40-49	1:09:32.4	22:22/M
169	Shawnee Clark	Waldorf MD	3	21	F	3: 20-29	1:13:01.1	23:29/M
170	Diana Howard		783	60	F	31: 60-69	1:13:05.4	23:30/M
LAT	Jamie Henson		778	43	F	LAT : 40-49	---	---
LAT	Donata Younger	Capitol Heights MD	248	46	F	LAT : 40-49	---	---
LAT	Unknown Partic. 692		692		M	LAT : 0-19	---	---
LAT	Carla Webb	District Heights MD	688	43	F	LAT : 40-49	---	---
LAT	Yalonda Beverly		1194	45	F	LAT : 40-49	---	---
LAT	Unknown Partic. 693		693		M	LAT : 0-19	---	---
LAT	Bell Regeina	Suitland MD	1650	42	F	LAT : 40-49	---	---
LAT	Sonja Martin	Fort Washington MD	243	47	F	LAT : 40-49	---	---