

December 07, 2019

Overall Finish List

5K (Timed)

Place Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
							Chip Time	Gun Time	Diff	Pace
1	Meredith Price	Gibsonia PA	464	15	F	1 Open	20:33.5	20:38.0	0:04.4	6:37/M
2	Jimmy Mauger	Washington DC	289	40	M	1 Open	20:43.5	20:50.1	0:06.6	6:40/M
3	Jeff Walpole	Arlington VA	411	48	M	2 Open	21:05.7	21:08.5	0:02.7	6:47/M
4	Andrew Odgren	Washington DC	4	34	M	3 Open	21:16.6	21:39.1	0:22.5	6:50/M
5	Gage Bryson	Springfield VA	598	30	M	1 30-39	21:34.2	21:51.9	0:17.6	6:56/M
6	Haley Sandvik	Arlington VA	482	22	F	2 Open	21:47.5	21:55.3	0:07.7	7:00/M
7	Kellyn Wright	Coatesville PA	266	31	F	3 Open	21:47.5	22:11.9	0:24.4	7:00/M
8	Colton Lawson	Fairfax VA	489	22	M	1 20-29	22:19.4	23:46.5	1:27.1	7:11/M
9	Connor Woodbury	Arlington VA	451	15	M	1 13-19	22:30.5	22:34.1	0:03.5	7:14/M
10	Jack Jack Grace	Vienna VA	70	13	M	2 13-19	22:41.7	23:08.5	0:26.8	7:18/M
11	Joshua Barzilai	Annandale VA	237	13	M	3 13-19	22:44.4	22:55.4	0:11.0	7:19/M
12	Kenneth Taylor	Washington DC	254	29	M	2 20-29	22:49.0	23:06.6	0:17.6	7:20/M
13	Elyse Braner	Arlington VA	334	35	F	1 30-39	22:52.0	22:57.4	0:05.4	7:21/M
14	Troy Clark	Alexandria VA	301	24	M	3 20-29	22:53.3	23:27.1	0:33.7	7:22/M
15	Augustus Jones	Washington DC	250	33	M	2 30-39	22:55.1	22:57.8	0:02.7	7:22/M
16	Eric Beene	Burke VA	61	55	M	1 50-59	23:00.7	23:04.2	0:03.4	7:24/M
17	samantha giordano	washington DC	260	33	F	2 30-39	23:04.8	23:31.0	0:26.1	7:25/M
18	Elijah Behan	Lorton VA	65	16	M	4 13-19	23:15.3	23:26.4	0:11.0	7:29/M
19	Jaclyn Wells	Lorton VA	597	35	F	3 30-39	23:16.7	23:32.4	0:15.7	7:29/M
20	Ryan Cox	Greenbelt MD	400	34	M	3 30-39	23:22.1	23:40.3	0:18.1	7:31/M
21	Dave Clark	Alexandria VA	274	59	M	2 50-59	23:23.7	23:55.1	0:31.4	7:31/M
22	Richard Pine	Arlington VA	384	34	M	4 30-39	23:28.3	23:59.0	0:30.6	7:33/M
23	Connie Dowler	Arlington VA	413	44	F	1 40-49	23:31.0	23:35.4	0:04.3	7:34/M
24	Rick Cosme	Springfield VA	248	31	M	5 30-39	23:31.3	23:57.0	0:25.6	7:34/M
25	David Lai	NEW CARROLLTON	251	29	M	4 20-29	23:33.9	23:55.6	0:21.6	7:35/M
26	Trisha Juh	Washington DC	57	30	F	4 30-39	23:56.8	24:29.3	0:32.4	7:42/M
27	Micah Wells	Woodbridge VA	330	23	M	5 20-29	23:56.9	24:12.9	0:16.0	7:42/M
28	Ashley Davidson	Alexandria VA	337	33	F	5 30-39	23:57.0	24:01.6	0:04.5	7:42/M
29	eliana torres	alexandria VA	265	30	F	6 30-39	24:01.4	24:05.7	0:04.2	7:43/M
30	Tyler Kehoe	Vienna VA	363	31	M	6 30-39	24:05.7	24:22.9	0:17.1	7:45/M
31	Jimmy DeGenova	Washington DC	56	42	M	1 40-49	24:08.9	24:34.6	0:25.7	7:46/M
32	Shekima Tramble	Washington DC	587	35	F	7 30-39	24:09.5	24:28.2	0:18.6	7:46/M
33	Mark Billinghurst	Arlington VA	486	58	M	3 50-59	24:20.5	24:25.6	0:05.0	7:50/M
34	Unknown Partic. 570		570		M	1 0-0	24:23.5	26:44.0	2:20.4	7:51/M
35	Ciana Pugliese	Lorton VA	594	25	F	1 20-29	24:28.8	24:48.7	0:19.9	7:52/M
36	Marin Galvin	Vienna VA	277	29	F	2 20-29	24:35.2	24:51.5	0:16.3	7:54/M
37	K Alnajar	VIENNA VA	481	29	M	6 20-29	24:36.7	24:45.8	0:09.0	7:55/M
38	Erik Koons	Arlington VA	284	46	M	2 40-49	24:44.5	24:56.6	0:12.0	7:57/M
39	Lisa Jacques	Arlington VA	314	42	F	2 40-49	24:47.9	24:54.6	0:06.7	7:58/M
40	Tiffany Templeton	Silver Spring MD	255	30	F	8 30-39	24:48.4	25:36.0	0:47.6	7:59/M
41	Paul Turner	Washington DC	257	44	M	3 40-49	24:50.5	26:08.7	1:18.1	7:59/M
42	Lindsay Huber	Arlington VA	98	24	F	3 20-29	25:08.8	25:37.9	0:29.1	8:05/M
43	Ada Jordan	Arlington VA	432	12	F	1 1-12	25:12.1	25:19.4	0:07.2	8:06/M
44	Madeline Lund	Arlington VA	438	12	F	2 1-12	25:12.5	25:19.5	0:06.9	8:06/M
45	Tennyson Palmer	Capitol Heights MD	252	33	M	7 30-39	25:14.1	25:32.7	0:18.5	8:07/M
46	John Tally	Hyattsville MD	253	30	M	8 30-39	25:15.5	26:37.4	1:21.9	8:07/M
47	Scott Helsel	Arlington VA	311	49	M	4 40-49	25:39.4	25:54.9	0:15.5	8:15/M
48	Tyler Woodbury	Arlington VA	455	12	M	1 1-12	25:42.8	26:44.9	1:02.0	8:16/M
49	Joey Hartz	Alexandria VA	131	16	M	5 13-19	25:50.1	26:02.7	0:12.5	8:18/M
50	Rachel Tyler	Arlington VA	596	47	F	3 40-49	25:58.7	26:49.2	0:50.5	8:21/M
51	Brionne Williams	Washington DC	247	27	F	4 20-29	26:08.1	26:30.1	0:21.9	8:24/M
52	David Kennedy	Rockville MD	243	32	M	9 30-39	26:19.9	26:40.9	0:20.9	8:28/M
53	Christian Wall	Alexandria VA	194	11	M	2 1-12	26:26.9	26:36.6	0:09.6	8:30/M
54	Marina Gallozzi	Alexandria VA	307	14	F	1 13-19	26:31.4	26:38.7	0:07.3	8:32/M
55	Moe Ali	Arlington VA	466	39	M	10 30-39	26:44.1	26:54.0	0:09.8	8:36/M
56	Mina Dowler	Arlington VA	431	11	F	3 1-12	26:54.5	27:02.2	0:07.7	8:39/M
57	Colin Tansey	Alexandria VA	123	44	M	5 40-49	26:56.7	27:04.1	0:07.3	8:40/M
58	Aidan Tansey	Alexandria VA	139	14	M	6 13-19	26:58.5	27:05.2	0:06.7	8:40/M
59	Mark Fenner	Woodbridge VA	151	27	M	7 20-29	26:58.9	27:09.3	0:10.4	8:41/M
60	Donovan Tansey	Alexandria VA	158	11	M	3 1-12	27:00.0	27:05.5	0:05.4	8:41/M
61	Marissa Fenner	Woodbridge VA	150	26	F	5 20-29	27:07.4	27:17.8	0:10.3	8:43/M
62	Ryan Tanner	Alexandria VA	214	11	M	4 1-12	27:13.8	27:17.5	0:03.7	8:45/M
63	Chris Redmond	Rockville MD	388	33	M	11 30-39	27:17.0	27:36.2	0:19.2	8:46/M
64	Dajah Massey	alexandria VA	262	27	F	6 20-29	27:18.4	27:42.1	0:23.6	8:47/M
65	Brian Pulsoni	Alexandria VA	220	12	M	5 1-12	27:31.4	27:36.4	0:04.9	8:51/M
66	Ethan Hung-Ricci	Alexandria VA	205	10	M	6 1-12	27:34.0	27:37.6	0:03.6	8:52/M
67	Ky Dughi	Arlington VA	305	52	M	4 50-59	27:38.5	28:12.2	0:33.6	8:53/M

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Place Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
							Chip Time	Gun Time	Diff	Pace
68	Chantale Niera		572	32	F	9 30-39	27:38.9	28:11.8	0:32.9	8:53/M
69	Kai Sutherland	Alexandria VA	190	10	M	7 1-12	27:40.3	27:43.6	0:03.2	8:54/M
70	Steven Lopes	Arlington VA	579	54	M	5 50-59	27:48.9	28:04.4	0:15.5	8:57/M
71	Melissa Schenkman	Washington DC	354	38	F	10 30-39	27:50.6	28:13.7	0:23.1	8:57/M
72	Brittney Allen	Lorton VA	144	23	F	7 20-29	27:51.2	28:19.6	0:28.3	8:57/M
73	Matthew Denhart	McLean VA	458	32	M	12 30-39	27:51.8	29:01.2	1:09.4	8:58/M
74	Ryan Allen	Alexandria VA	172	11	M	8 1-12	27:52.1	28:19.6	0:27.5	8:58/M
75	Moiria Scott	Reston VA	93	28	F	8 20-29	27:52.2	28:24.0	0:31.7	8:58/M
76	Stephen McLean	Hyattsville MD	595	31	M	13 30-39	28:00.4	28:22.8	0:22.4	9:00/M
77	Karin Goetz	Rockville MD	106	54	F	1 50-59	28:09.7	29:02.3	0:52.5	9:03/M
78	Amy Mitchell	Wilder VT	349	40	F	4 40-49	28:10.4	28:31.6	0:21.1	9:04/M
79	Jessica Williams		571	31	F	11 30-39	28:16.8	29:33.5	1:16.7	9:06/M
80	Sam Stehlik	Alexandria VA	213	9	M	9 1-12	28:19.9	28:29.1	0:09.2	9:07/M
81	Dawn Stehlik	Alexandria VA	296	50	M	6 50-59	28:20.1	28:29.3	0:09.1	9:07/M
82	Sean Tanner	Lorton VA	215	39	M	14 30-39	28:30.1	28:34.3	0:04.1	9:10/M
83	Jaime Diaz	Harwood MD	584	36	F	12 30-39	28:30.2	29:48.7	1:18.4	9:10/M
84	Jamye Specht	Fairfax Station VA	407	46	F	5 40-49	28:34.3	28:59.1	0:24.8	9:11/M
85	Debbie Cain	Fairfax Station VA	408	59	F	2 50-59	28:35.5	28:59.3	0:23.7	9:12/M
86	William Anzamp	Alexandria VA	197	11	M	10 1-12	28:41.4	28:44.2	0:02.8	9:14/M
87	Gene Anzano	Lorton VA	107	46	M	6 40-49	28:42.0	28:45.5	0:03.4	9:14/M
88	Robert Droter	Fairfax VA	385	47	M	7 40-49	28:45.5	29:08.2	0:22.7	9:15/M
89	Thomas Koons	Arlington VA	346	11	M	11 1-12	28:46.2	28:57.2	0:11.0	9:15/M
90	Amy Goff	Arlington VA	500	42	F	6 40-49	28:47.5	30:38.7	1:51.1	9:15/M
91	Macline Pierre	Alexandria VA	263	38	F	13 30-39	28:47.8	29:09.9	0:22.1	9:16/M
92	Michael Maciejewski	Stafford VA	316	53	M	7 50-59	28:52.8	28:55.5	0:02.7	9:17/M
93	Steven Dowler	Arlington VA	409	45	M	8 40-49	28:53.0	29:22.6	0:29.5	9:17/M
94	Ian Dowler	Arlington VA	430	11	M	12 1-12	28:53.4	29:22.0	0:28.6	9:17/M
95	Elsa Barzilai	Annandale VA	238	11	F	4 1-12	28:54.3	29:05.8	0:11.4	9:18/M
96	Meghan Spoth	Falls Church VA	94	29	F	9 20-29	28:54.8	29:32.2	0:37.3	9:18/M
97	Leoul Million	Alexandria VA	207	11	M	13 1-12	28:59.6	29:52.3	0:52.7	9:19/M
98	Tim Tomlinson	Alexandria VA	124	52	M	8 50-59	29:00.0	29:07.6	0:07.5	9:19/M
99	Shaun Tomlinson	Alexandria VA	192	9	M	14 1-12	29:00.1	29:07.2	0:07.1	9:20/M
100	Sterling Parker	Alexandria VA	154	12	M	15 1-12	29:00.8	29:29.3	0:28.5	9:20/M
101	Danny Reilly	Fairfax VA	491	24	M	8 20-29	29:02.2	30:28.2	1:25.9	9:20/M
102	Malena Barzilai	Annandale VA	233	44	F	7 40-49	29:03.2	29:13.8	0:10.5	9:21/M
103	Kerry Weaver	Arlington VA	421	47	F	8 40-49	29:04.3	30:44.1	1:39.7	9:21/M
104	James Davis	Alexandria VA	360	47	M	9 40-49	29:06.6	30:10.1	1:03.4	9:22/M
105	Robert Marino	Fairfax Station VA	288	57	M	9 50-59	29:08.3	29:43.7	0:35.3	9:22/M
106	Kaashaun Ford	Hyattsville MD	267	34	M	15 30-39	29:10.6	29:31.0	0:20.4	9:23/M
107	Bradley Townsend	Alexandria VA	140	39	M	16 30-39	29:10.6	30:14.5	1:03.8	9:23/M
108	Steve Duggan	Alexandria VA	459	34	M	17 30-39	29:11.8	30:28.2	1:16.4	9:23/M
109	Riley Townsend	Alexandria VA	216	10	M	16 1-12	29:12.2	30:14.9	1:02.6	9:23/M
110	Ebony Fentry	Bowie MD	585	26	F	10 20-29	29:15.4	30:35.3	1:19.9	9:24/M
111	Erika Schatz	Burke VA	239	14	F	2 13-19	29:28.2	30:42.0	1:13.8	9:29/M
112	Bill Coen	Arlington VA	275	56	M	10 50-59	29:35.1	30:25.6	0:50.4	9:31/M
113	Robert Auchter	Washington DC	357	59	M	11 50-59	29:36.0	29:49.0	0:12.9	9:31/M
114	Katherine Liakakos		599	33	F	14 30-39	29:36.4	30:17.2	0:40.7	9:31/M
115	Jessica Sheingold	Arlington VA	478	35	F	15 30-39	29:37.2	30:43.8	1:06.6	9:31/M
116	Colin Blake	Alexandria VA	199	9	M	17 1-12	29:40.0	29:47.7	0:07.7	9:32/M
117	Matthew Aiken	Washington DC	242	31	M	18 30-39	29:40.7	30:51.8	1:11.0	9:33/M
118	Jennifer Ibe Aiken	Washington DC	249	28	F	11 20-29	29:40.9	30:51.7	1:10.7	9:33/M
119	Carter Bailey	Alexandria VA	198	10	M	18 1-12	29:42.6	29:50.2	0:07.6	9:33/M
120	Rebecca Fantozzi	Arlington VA	450	27	F	12 20-29	29:43.0	30:44.7	1:01.7	9:33/M
121	Laura Bailey	Lorton VA	145	41	F	9 40-49	29:43.4	29:50.4	0:07.0	9:33/M
122	Cynthia Doucette	Vienna VA	339	52	F	3 50-59	29:47.4	30:01.3	0:13.9	9:35/M
123	Jackson Holland	Alexandria VA	204	12	M	19 1-12	29:51.1	30:02.7	0:11.5	9:36/M
124	Sean McDonald	Arlington VA	511	17	M	7 13-19	29:51.8	31:20.2	1:28.4	9:36/M
125	Jack Sharp		582	16	M	8 13-19	29:52.1	31:20.3	1:28.2	9:36/M
126	Damon Delarosa	Alexandria VA	129	44	M	10 40-49	30:05.4	31:08.8	1:03.3	9:41/M
127	Kent Delarosa	Alexandria VA	201	9	M	20 1-12	30:06.1	31:08.7	1:02.5	9:41/M
128	Juan Mendez	Woodbridge VA	53	11	M	21 1-12	30:09.4	30:24.4	0:14.9	9:42/M
129	Jay Urgese	Fairfax Station VA	370	48	M	11 40-49	30:11.4	31:42.7	1:31.2	9:42/M
130	Jocelyn Urgese	Fairfax Station VA	328	45	F	10 40-49	30:11.5	31:42.8	1:31.3	9:42/M
131	Unknown Partic. 574		574		M	2 0-0	30:32.9	30:51.0	0:18.1	9:49/M
132	Amelia Levin	Bethesda MD	445	16	F	3 13-19	30:33.6	30:51.0	0:17.3	9:50/M
133	Bill Reilly	Fairfax VA	490	57	M	12 50-59	30:35.2	32:00.8	1:25.5	9:50/M
134	Kathleen Vazzana	Washington DC	394	31	F	16 30-39	30:41.3	32:01.2	1:19.9	9:52/M

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							Chip Time	Gun Time	Diff	Pace
135	Courtney Carter		573	37	F	17 30-39	30:49.4	32:08.4	1:19.0	9:55/M
136	Jackson Sleglinger	Alexandria VA	138	42	M	12 40-49	31:11.8	31:15.5	0:03.6	10:02/M
137	Elliot Sieglinger	Alexandria VA	211	9	M	22 1-12	31:12.0	31:15.2	0:03.2	10:02/M
138	Nicole French	Fairfax VA	495	35	F	18 30-39	31:13.5	31:27.2	0:13.7	10:02/M
139	Trey Wheeler	Alexandria VA	332	19	M	9 13-19	31:23.6	32:41.0	1:17.4	10:06/M
140	Sean McDonald II	Woodbridge VA	38	10	M	23 1-12	31:24.6	32:06.6	0:41.9	10:06/M
141	Justin Ayala	Woodbridge VA	34	10	M	24 1-12	31:24.7	32:06.8	0:42.0	10:06/M
142	Melissa Visco	Vienna VA	297	39	F	19 30-39	31:26.1	31:40.6	0:14.4	10:06/M
143	Aimee Martinez	Springfield VA	319	40	F	11 40-49	31:29.2	32:47.0	1:17.8	10:07/M
144	Michael Beene	Burke VA	64	15	M	10 13-19	31:29.6	31:32.9	0:03.2	10:08/M
145	Mark Hanna	Annan Dale VA	310	44	M	13 40-49	31:32.6	32:45.8	1:13.2	10:09/M
146	Sheila Koons	Arlington VA	285	40	F	12 40-49	31:33.4	31:44.7	0:11.2	10:09/M
147	Paula Swanson	Alexandria VA	63	52	F	4 50-59	31:36.4	31:46.1	0:09.7	10:10/M
148	Evan Fox	Woodbridge VA	54	10	M	25 1-12	31:37.9	32:30.3	0:52.4	10:10/M
149	Angel Dunbar	Silver Spring MD	259	31	F	20 30-39	31:38.2	32:00.9	0:22.7	10:10/M
150	Christopher Guardado	Woodbridge VA	47	13	M	11 13-19	31:43.2	31:58.1	0:14.8	10:12/M
151	Cherry Washington	Arlington VA	497	65	F	1 60-69	31:43.8	32:56.1	1:12.2	10:12/M
152	Eric Plessinger	Alexandria VA	166	50	M	13 50-59	31:45.1	32:23.2	0:38.0	10:13/M
153	Christian Plessinger	Alexandria VA	184	11	M	26 1-12	31:45.8	32:23.6	0:37.8	10:13/M
154	Sterling Hedani	LaPlata MD	469	40	M	14 40-49	31:47.4	32:41.3	0:53.8	10:13/M
155	Emma Poon	Silver Spring MD	472	36	F	21 30-39	31:50.1	32:43.5	0:53.4	10:14/M
156	Gage Donahue	Alexandria VA	175	11	M	27 1-12	31:52.8	33:05.7	1:12.9	10:15/M
157	Steven Lewis	Alexandria VA	153	38	M	19 30-39	31:53.0	33:06.1	1:13.0	10:15/M
158	Jake Levy	Washington DC	287	29	M	9 20-29	32:00.6	32:31.3	0:30.7	10:18/M
159	Jessica Barrientos	La Plata MD	467	37	F	22 30-39	32:10.6	33:03.6	0:52.9	10:21/M
160	Siena Lester	Alexandria VA	376	10	F	5 1-12	32:13.3	33:04.4	0:51.0	10:22/M
161	Martano Giambotta	Washington DC	583	33	M	20 30-39	32:13.7	32:56.8	0:43.1	10:22/M
162	John Liakakos		600	44	M	15 40-49	32:14.9	32:56.7	0:41.8	10:22/M
163	Ryan Waggner	Alexandria VA	125	9	M	28 1-12	32:15.0	32:23.1	0:08.0	10:22/M
164	Aaron Plymack	Vienna VA	323	26	M	10 20-29	32:15.7	32:35.8	0:20.0	10:22/M
165	Julia Plymack	Vienna VA	324	25	F	13 20-29	32:16.6	32:35.6	0:18.9	10:23/M
166	Nathan Gittens	Woodbridge VA	26	10	M	29 1-12	32:20.5	32:59.7	0:39.2	10:24/M
167	Faith DelVecchio	Arlington VA	502	42	F	13 40-49	32:34.3	32:47.9	0:13.5	10:28/M
168	Gabriella Guerrieri	Fairfax VA	343	19	F	4 13-19	32:36.8	32:53.4	0:16.6	10:29/M
169	Mariana Martinez Sanchez	Woodbridge VA	28	12	F	6 1-12	32:38.8	33:19.3	0:40.5	10:30/M
170	Kian Kaboli-Monfar	Alexandria VA	206	10	M	30 1-12	32:48.6	33:49.3	1:00.7	10:33/M
171	Marie Sandrock	Alexandria VA	326	47	F	14 40-49	32:54.3	33:45.3	0:50.9	10:35/M
172	Patrick Holland	ALEXANDRIA VA	112	44	M	16 40-49	33:12.8	33:24.8	0:11.9	10:41/M
173	Mary McConville	Alexandria VA	443	14	F	5 13-19	33:13.7	33:26.0	0:12.2	10:41/M
174	Patrick Beene	Burke VA	71	17	M	12 13-19	33:19.5	33:23.6	0:04.0	10:43/M
175	Jasmine Bernardo	Alexandria VA	146	35	F	23 30-39	33:21.1	33:58.3	0:37.2	10:43/M
176	Gabriel Bernardo	Alexandria VA	174	11	M	31 1-12	33:21.1	33:58.5	0:37.3	10:43/M
177	Erin Buckley	Arlington VA	449	24	F	14 20-29	33:30.6	34:35.7	1:05.1	10:46/M
178	Kerrie Ford	Arlington VA	471	27	F	15 20-29	33:40.0	33:49.9	0:09.9	10:50/M
179	Enrique Valle	Woodbridge VA	32	14	M	13 13-19	33:44.4	33:49.0	0:04.6	10:51/M
180	Jovanni Larin	Woodbridge VA	52	9	M	32 1-12	33:44.5	33:49.0	0:04.4	10:51/M
181	Siobhan Marrin	Arlington VA	504	18	F	6 13-19	33:45.5	35:08.6	1:23.1	10:51/M
182	Sophie Hartman		515	14	F	7 13-19	33:45.9	35:09.1	1:23.2	10:51/M
183	James Brown	Alexandria VA	110	43	M	17 40-49	33:47.7	34:18.4	0:30.7	10:52/M
184	Karl Hartman		516		M	3 0-0	33:49.7	35:13.6	1:23.9	10:53/M
185	Joshua Brown	Alexandria VA	147	12	M	33 1-12	33:51.4	34:18.4	0:27.0	10:53/M
186	Susy Mikhail	Lorton VA	505	31	F	24 30-39	33:52.3	33:57.2	0:04.8	10:53/M
187	Unknown Partic. 540		540		M	4 0-0	33:53.5	34:49.3	0:55.8	10:54/M
188	Beth Meinert	Toms River NJ	348	57	F	5 50-59	33:59.6	34:13.8	0:14.1	10:56/M
189	Maria Bianchi	Vienna VA	358	49	F	15 40-49	34:00.3	34:13.8	0:13.5	10:56/M
190	Unknown Partic. 529		529		M	5 0-0	34:01.9	34:36.0	0:34.0	10:57/M
191	Leslie Frieden	Fairfax VA	228	44	F	16 40-49	34:04.9	34:17.5	0:12.6	10:58/M
192	Lauren Currie	Alexandria VA	111	0	F	1 0-0	34:09.5	35:11.2	1:01.7	10:59/M
193	Unknown Partic. 534		534		M	6 0-0	34:15.8	35:02.0	0:46.2	11:01/M
194	Madison Hughes	FORT WASHINGTON	374	11	F	7 1-12	34:25.0	35:24.6	0:59.5	11:04/M
195	Mia Knysh	Alexandria VA	345	11	F	8 1-12	34:25.3	35:25.4	1:00.0	11:04/M
196	Allison Kleeblatt	Alexandria VA	344	12	F	9 1-12	34:27.4	35:26.1	0:58.7	11:05/M
197	Ella Taranto	Washington DC	327	26	F	16 20-29	34:30.9	35:30.0	0:59.0	11:06/M
198	Thomas Lee	Arlington VA	433	11	M	34 1-12	34:31.1	34:37.3	0:06.2	11:06/M
199	Katherine Bryant	Atlanta GA	335	35	F	25 30-39	34:31.1	35:30.4	0:59.3	11:06/M
200	Fiona Green	Brooklyn NY	89	35	F	26 30-39	34:34.0	35:28.6	0:54.6	11:07/M
201	Omar AlJassem	Alexandria VA	171	11	M	35 1-12	34:35.9	34:43.8	0:07.9	11:07/M

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Overall Finish List

5K (Timed)

Place Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
							Chip Time	Gun Time	Diff	Pace
202	Michael McCann	Alexandria VA	115	0	M	7 0-0	34:36.0	34:44.9	0:08.9	11:08/M
203	Katie Reilly	Fairfax VA	492	22	F	17 20-29	34:38.7	36:06.8	1:28.0	11:08/M
204	Anika Davis	Washington DC	338	36	F	27 30-39	34:42.4	35:14.7	0:32.3	11:10/M
205	Unknown Partic. 536		536		M	8 0-0	34:43.8	35:28.9	0:45.1	11:10/M
206	John Noble	Arlington VA	365	27	M	11 20-29	34:48.4	36:01.8	1:13.4	11:12/M
207	Audrey Pease	Arlington VA	352	27	F	18 20-29	34:48.9	36:01.9	1:13.0	11:12/M
208	Yara Abuabbas	Falls Church VA	95	12	F	10 1-12	34:49.1	35:06.0	0:16.8	11:12/M
209	Benjamin Kerr	Arlington VA	375	11	M	36 1-12	34:49.5	35:29.3	0:39.8	11:12/M
210	Ayaan Hussain	Alexandria VA	219	11	M	37 1-12	34:51.4	34:59.2	0:07.8	11:12/M
211	Casey Dillon	Alexandria VA	447	27	F	19 20-29	34:54.7	36:59.3	2:04.5	11:14/M
212	Finlay Kerr	Arlington VA	282	14	M	14 13-19	34:54.9	35:29.4	0:34.4	11:14/M
213	Evin Coukos	Alexandria VA	454	28	M	12 20-29	34:57.5	37:01.5	2:04.0	11:14/M
214	Charlene Belanger	Alexandria VA	109	0	F	2 0-0	34:58.7	35:07.8	0:09.1	11:15/M
215	Francisco Gentile	Alexandria VA	177	11	M	38 1-12	35:00.3	35:56.6	0:56.3	11:15/M
216	Lauren Ressue	Alexandria VA	588	35	F	28 30-39	35:00.7	35:22.0	0:21.2	11:15/M
217	Maite Ilharreborde	Alexandria VA	113	41	M	18 40-49	35:01.0	35:57.0	0:56.0	11:16/M
218	Haley Gilbert	Washington DC	342	32	F	29 30-39	35:02.4	36:24.2	1:21.8	11:16/M
219	Philip Mahoney	Falls Church VA	318	39	M	21 30-39	35:05.0	35:16.4	0:11.3	11:17/M
220	Jessica Mahoney	Falls Church VA	317	38	F	30 30-39	35:05.5	35:16.7	0:11.2	11:17/M
221	Laura Partridge	Alexandria VA	293	52	F	6 50-59	35:09.1	36:04.1	0:55.0	11:18/M
222	Lisa Speeder	Lorton VA	369	56	F	7 50-59	35:10.2	36:04.1	0:53.9	11:19/M
223	Owen Pascarella	Alexandria VA	183	10	M	39 1-12	35:12.5	35:23.7	0:11.2	11:19/M
224	Judith Pascarella	Alexandria VA	134	43	F	17 40-49	35:13.1	35:24.1	0:11.0	11:19/M
225	Liz Snead	Arlington VA	427	58	F	8 50-59	35:13.3	35:54.9	0:41.5	11:20/M
226	Debbie Clements	Arlington VA	422	66	F	2 60-69	35:15.6	35:55.7	0:40.1	11:20/M
227	Christine Crossman	Alexandria VA	102	30	F	31 30-39	35:24.3	36:15.5	0:51.2	11:23/M
228	Keisha Jenkins	Silver spring MD	261	34	F	32 30-39	35:30.9	36:52.6	1:21.7	11:25/M
229	Lisa Schooley	Washington DC	506	39	F	33 30-39	35:32.6	37:05.1	1:32.5	11:26/M
230	Shannon Herry	Falls Church VA	442	14	F	8 13-19	35:33.8	35:46.2	0:12.4	11:26/M
231	Sharon Dowell	Hyattsville MD	475	44	F	18 40-49	35:34.0	36:40.2	1:06.2	11:26/M
232	Mark Hasson	Fairfax VA	229	51	M	14 50-59	35:42.7	35:55.9	0:13.1	11:29/M
233	Sabrina Coen	Arlington VA	302	54	F	9 50-59	35:44.5	36:35.0	0:50.4	11:30/M
234	Unknown Partic. 535		535		M	9 0-0	35:55.1	36:37.1	0:42.0	11:33/M
235	Rita Cronley	Arlington VA	276	65	F	3 60-69	36:03.7	36:39.3	0:35.5	11:36/M
236	Tana Robbins	Alexandria VA	353	38	F	34 30-39	36:07.2	36:31.4	0:24.2	11:37/M
237	Ryan Yates	Alexandria VA	195	11	M	40 1-12	36:11.8	36:34.1	0:22.3	11:38/M
238	james yates	alexandria VA	168	42	M	19 40-49	36:13.3	36:35.5	0:22.1	11:39/M
239	Anne Woodbury	Arlington VA	453	46	F	19 40-49	36:14.4	37:17.1	1:02.6	11:39/M
240	Brian Anderson		575	39	M	22 30-39	36:15.3	37:47.4	1:32.1	11:39/M
241	Mary Pletcher	Arlington VA	368	43	F	20 40-49	36:32.6	36:56.5	0:23.9	11:45/M
242	Jarrett Thompson		517	36	M	23 30-39	36:32.7	38:09.3	1:36.6	11:45/M
243	Heidi Behan	Lorton VA	76	49	F	21 40-49	36:35.1	36:49.7	0:14.5	11:46/M
244	Kitty Sutherland	Alexandria VA	157	43	F	22 40-49	36:37.2	36:43.9	0:06.7	11:47/M
245	Anthony Almoxovar		544	0	M	10 0-0	36:42.2	38:10.7	1:28.4	11:48/M
246	Alexandra Reigle		543	32	F	35 30-39	36:42.6	38:11.6	1:28.9	11:48/M
247	Ashley Rininger	Hamilton VA	82	23	F	20 20-29	36:43.0	37:27.9	0:44.8	11:48/M
248	Veronika Pogrebna	Arlington VA	483	23	F	21 20-29	36:52.1	37:00.7	0:08.6	11:51/M
249	Joe Behan	Lorton VA	77	49	M	20 40-49	36:52.8	37:07.4	0:14.5	11:52/M
250	Suzanne Rodgers	Washington DC	99	29	F	22 20-29	37:00.8	37:50.7	0:49.8	11:54/M
251	Mandy Whalen	Falls Church VA	355	79	F	1 70-99	37:02.3	37:10.5	0:08.1	11:55/M
252	Dale Balderson	Arlington VA	498	65	M	1 60-69	37:09.7	37:40.4	0:30.6	11:57/M
253	Jorden Cao	Alexandria VA	200	9	M	41 1-12	37:25.9	38:22.3	0:56.3	12:02/M
254	Rebecca Albright	Arlington VA	96	34	F	36 30-39	37:26.1	38:23.5	0:57.4	12:02/M
255	Jacqueline Gehrig	Fairfax VA	577	29	F	23 20-29	37:32.0	37:38.9	0:06.9	12:04/M
256	Ethan O'Brien	Alexandria VA	181	11	M	42 1-12	37:35.8	38:41.5	1:05.6	12:05/M
257	Claudia Stearns	Leesburg VA	221	9	F	11 1-12	37:35.9	38:41.0	1:05.0	12:05/M
258	Alyssa Pope	Arlington VA	294	27	F	24 20-29	37:40.2	38:56.6	1:16.3	12:07/M
259	Unknown Partic. 528		528		M	11 0-0	37:40.8	38:19.9	0:39.0	12:07/M
260	Lekimbra Brown	Alexandria VA	300	45	F	23 40-49	37:49.7	38:19.8	0:30.0	12:10/M
261	Liam O'Brien	Alexandria VA	182	11	M	43 1-12	37:52.7	39:00.1	1:07.4	12:11/M
262	Anne Turner	Washington DC	256	35	F	37 30-39	37:53.1	39:14.4	1:21.2	12:11/M
263	Emerson Stearns	Alexandria VA	121	44	M	21 40-49	37:54.5	39:00.2	1:05.6	12:11/M
264	Jayleen Larin	Woodbridge VA	36	11	F	12 1-12	37:56.2	38:43.3	0:47.1	12:12/M
265	Ricardo Hernandez	Woodbridge VA	17	10	M	44 1-12	37:58.4	38:51.0	0:52.5	12:13/M
266	Joshua Saldana	Alexandria VA	188	11	M	45 1-12	38:11.3	38:40.0	0:28.6	12:17/M
267	Samuel Mikhail	Lorton VA	510	32	M	24 30-39	38:15.4	38:21.5	0:06.0	12:18/M
268	Regis Stinson	Alexandria VA	246	27	F	25 20-29	38:16.0	39:26.6	1:10.5	12:18/M

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Overall Finish List

5K (Timed)

Place	Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
								Chip Time	Gun Time	Diff	Pace
269		Haider Adeel	Alexandria VA	196	11	M	46 1-12	38:25.1	38:33.7	0:08.5	12:21/M
270		MAIA YATES	alexandria VA	217	8	F	13 1-12	38:27.1	38:50.5	0:23.4	12:22/M
271		CYNTHY YATES	alexandria VA	143	42	F	24 40-49	38:27.1	38:50.7	0:23.5	12:22/M
272		Ilana Rea	Arlington VA	496	51	F	10 50-59	38:33.9	39:42.0	1:08.1	12:24/M
273		Unknown Partic. 524		524		M	12 0-0	38:35.7	39:12.5	0:36.8	12:25/M
274		Elizabeth Huff	Arlington VA	382	25	F	26 20-29	38:41.5	39:02.9	0:21.3	12:26/M
275		Kevin Vargo	Arlington VA	383	26	M	13 20-29	38:41.6	39:02.7	0:21.0	12:27/M
276		Carter Rollins	Alexandria VA	185	11	M	47 1-12	38:52.1	39:33.7	0:41.5	12:30/M
277		Jennifer Rollins	Alexandria VA	137	47	F	25 40-49	38:52.5	39:33.8	0:41.2	12:30/M
278		Michaela Humby	Fairfax VA	313	23	F	27 20-29	38:56.1	39:27.9	0:31.7	12:31/M
279		Margot Humby	Fairfax VA	312	57	F	11 50-59	38:57.0	39:28.7	0:31.7	12:31/M
280		Unknown Partic. 532		532		M	13 0-0	38:59.2	39:18.7	0:19.5	12:32/M
281		Sam Hsimakyoulos		581	41	M	22 40-49	39:00.6	40:19.0	1:18.4	12:33/M
282		Nicola Parker	ALEXANDRIA VA	165	40	F	26 40-49	39:02.4	39:30.2	0:27.7	12:33/M
283		Meghan Driscoll	Arlington VA	80	23	F	28 20-29	39:07.9	39:54.4	0:46.4	12:35/M
284		Karen Loynaz	Winchester VA	315	25	F	29 20-29	39:18.1	39:34.6	0:16.4	12:38/M
285		Unknown Partic. 523		523		M	14 0-0	39:19.3	40:14.0	0:54.6	12:39/M
286		Cornelia Harte-Goetz	Rockville MD	104	61	F	4 60-69	39:22.3	40:16.0	0:53.6	12:40/M
287		Constanze Goetz	Rockville MD	105	36	F	38 30-39	39:22.8	40:15.9	0:53.0	12:40/M
288		Mary Scalici	Arlington VA	92	26	F	30 20-29	39:23.4	40:15.5	0:52.1	12:40/M
289		Connor Vigilante	Alexandria VA	141	10	M	48 1-12	39:35.7	39:54.3	0:18.5	12:44/M
290		Renee Vigilante	ALEXANDRIA VA	142	41	F	27 40-49	39:35.9	39:54.5	0:18.5	12:44/M
291		Brittany Kehrer	South Riding VA	11	20	F	31 20-29	39:42.0	39:58.3	0:16.2	12:46/M
292		Kristen Hauser	Arlington VA	591	40	F	28 40-49	39:47.4	40:19.9	0:32.4	12:48/M
293		Laura Lund	Arlington VA	425	45	F	29 40-49	39:47.5	40:07.0	0:19.4	12:48/M
294		Jennifer Everling	Arlington VA	592	41	F	30 40-49	39:47.9	40:18.9	0:30.9	12:48/M
295		Tiara Castillo	Falls church VA	87	29	F	32 20-29	39:48.6	41:09.7	1:21.1	12:48/M
296		Abigail Lund	Arlington VA	437	9	F	14 1-12	39:48.8	40:06.7	0:17.8	12:48/M
297		Ma Simonette Saldana	Alexandria VA	156	45	F	31 40-49	39:54.3	40:23.0	0:28.7	12:50/M
298		Ashlynn Whitehurst	Fairfax VA	7	24	M	14 20-29	39:56.2	40:12.4	0:16.2	12:50/M
299		Ewan Highsmith	ANNANDALE VA	231	14	M	15 13-19	39:58.0	40:14.0	0:16.0	12:51/M
300		Dolan Highsmith	ANNANDALE VA	226	49	M	23 40-49	39:58.8	40:14.4	0:15.6	12:51/M
301		Carly Chaplin	Alexandria VA	593	9	F	15 1-12	40:03.6	40:13.1	0:09.4	12:53/M
302		Nahom Hosshna	Alexandria VA	218	10	M	49 1-12	40:08.7	41:18.5	1:09.7	12:55/M
303		Hosshna Tesfaye	Lorton VA	191		M	15 0-0	40:09.7	41:18.7	1:09.0	12:55/M
304		Lauren Chaplin	Alexandria VA	126	36	F	39 30-39	40:19.8	40:29.5	0:09.6	12:58/M
305		Alexander Davila	Woodbridge VA	50	9	M	50 1-12	40:27.7	41:19.7	0:51.9	13:01/M
306		Lauren Hogue	Woodbridge VA	27	25	F	33 20-29	40:27.9	41:19.8	0:51.8	13:01/M
307		April Cospers	Washington DC	258	30	F	40 30-39	40:30.8	41:49.2	1:18.4	13:02/M
308		Ana Correa	Lorton VA	127	39	F	41 30-39	40:39.2	40:44.4	0:05.1	13:04/M
309		Natalie McCafferty	Woodbridge VA	20	34	F	42 30-39	40:39.5	41:32.5	0:52.9	13:04/M
310		Norman Allen	District Heights MD	589	40	M	24 40-49	40:40.7	42:24.6	1:43.8	13:05/M
311		Sebastian Correa	Alexandria VA	148	10	M	51 1-12	40:40.7	40:44.2	0:03.5	13:05/M
312		Ezra Lee	Arlington VA	436	9	M	52 1-12	40:41.1	40:47.8	0:06.7	13:05/M
313		Unknown Partic. 541		541		M	16 0-0	41:02.3	42:11.8	1:09.4	13:12/M
314		Izabella Cruz	Woodbridge VA	35	10	F	16 1-12	41:09.3	41:50.3	0:41.0	13:14/M
315		Xavier Cruz	Woodbridge VA	25	12	M	53 1-12	41:09.5	41:50.5	0:41.0	13:14/M
316		Brianna Martinez	Woodbridge VA	37	11	F	17 1-12	41:10.6	41:57.8	0:47.2	13:14/M
317		Unknown Partic. 537		537		M	17 0-0	41:15.7	42:08.3	0:52.6	13:16/M
318		Carlos Garcia	Woodbridge VA	41	42	M	25 40-49	41:22.7	42:09.5	0:46.7	13:18/M
319		Rob Davis	Hershey PA	78	46	M	26 40-49	41:23.4	41:38.5	0:15.1	13:19/M
320		Alexis Garcia	Woodbridge VA	46	9	F	18 1-12	41:24.8	42:09.4	0:44.6	13:19/M
321		Demarius Love	Washington DC	244	28	M	15 20-29	41:36.5	42:57.5	1:20.9	13:23/M
322		Troy Zumstein	Woodbridge VA	23	15	M	16 13-19	41:37.0	42:18.7	0:41.7	13:23/M
323		Tisha Gonzalez	Woodbridge VA	42	42	F	32 40-49	41:37.4	42:18.7	0:41.3	13:23/M
324		Sinan Arslan	Falls Church VA	508	9	M	54 1-12	41:42.8	42:58.0	1:15.2	13:25/M
325		Diann Wheeler	Alexandria VA	331	53	F	12 50-59	41:46.6	43:02.8	1:16.2	13:26/M
326		Elaine Woods	Alexandria VA	356	56	F	13 50-59	41:47.0	43:02.7	1:15.6	13:26/M
327		Kendra Hartmann	Arlington VA	279	50	F	14 50-59	42:00.1	43:25.4	1:25.3	13:30/M
328		Steven Jacques	Arlington VA	280	64	M	2 60-69	42:01.9	43:12.0	1:10.0	13:31/M
329		David O'Brien	Alexandria VA	164	46	M	27 40-49	42:03.7	43:10.5	1:06.8	13:32/M
330		Brandon Czarniecki	Alexandria VA	100	29	M	16 20-29	42:09.6	43:08.3	0:58.7	13:33/M
331		Sarah Blauman	Alexandria VA	97	26	F	34 20-29	42:09.7	43:07.5	0:57.8	13:33/M
332		Unknown Partic. 527		527		M	18 0-0	42:10.2	43:07.5	0:57.3	13:34/M
333		Viki Cseke	Lorton VA	304	13	F	9 13-19	42:12.0	42:57.5	0:45.4	13:34/M
334		Peter Cseke	Lorton VA	371	52	M	15 50-59	42:32.5	43:17.8	0:45.3	13:41/M
335		Jan Gronemeyer		545	57	F	15 50-59	42:32.7	44:24.0	1:51.2	13:41/M

December 07, 2019

Overall Finish List

5K (Timed)

Place Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
							Chip Time	Gun Time	Diff	Pace
336	Sylvia Cseke	Lorton VA	377	9	F	19 1-12	42:34.2	43:17.4	0:43.2	13:41/M
337	Beth McDonald	Arlington VA	292	50	F	16 50-59	42:39.1	44:04.5	1:25.3	13:43/M
338	Jacob Lee	Arlington VA	423	11	M	55 1-12	42:50.1	43:02.8	0:12.7	13:46/M
339	Michele Lee	Arlington VA	424	44	F	33 40-49	42:50.3	43:02.9	0:12.5	13:46/M
340	Lisa Peters	Woodbridge VA	40	58	F	17 50-59	42:51.8	43:36.6	0:44.8	13:47/M
341	Amber Duggan	Alexandria VA	461	35	F	43 30-39	43:04.9	44:27.1	1:22.2	13:51/M
342	Unknown Partic. 521		521		M	19 0-0	43:05.6	43:43.5	0:37.9	13:51/M
343	Alexander Kerr	Arlington VA	380	9	M	56 1-12	43:08.0	43:42.7	0:34.6	13:52/M
344	David Kerr	Arlington VA	281	47	M	28 40-49	43:11.7	43:50.3	0:38.6	13:53/M
345	Unknown Partic. 526		526		M	20 0-0	43:28.0	44:49.9	1:21.9	13:59/M
346	Unknown Partic. 539		539		M	21 0-0	43:28.0	44:49.6	1:21.6	13:59/M
347	Jose Vasquez	Alexandria VA	193	9	M	57 1-12	43:28.7	44:25.6	0:56.8	13:59/M
348	Sam Jacob	Fairfax VA	232	14	M	17 13-19	43:29.6	43:41.7	0:12.1	13:59/M
349	Unknown Partic. 530		530		M	22 0-0	43:29.7	44:46.6	1:16.8	13:59/M
350	Matthew Hasson	Fairfax VA	234	14	M	18 13-19	43:29.9	43:41.9	0:11.9	13:59/M
351	Kelly Sheers	McLean VA	387	42	F	34 40-49	43:31.0	44:56.1	1:25.1	14:00/M
352	Unknown Partic. 522		522		M	23 0-0	43:34.6	44:46.1	1:11.5	14:01/M
353	Unknown Partic. 520		520		M	24 0-0	43:35.4	44:46.7	1:11.3	14:01/M
354	Hazel Aragon	Woodbridge VA	33	10	F	20 1-12	43:36.7	43:41.5	0:04.7	14:01/M
355	Chris Albers Denhart	Washington DC	507	27	M	17 20-29	43:40.1	44:44.9	1:04.7	14:02/M
356	Antoinette McDonald	Woodbridge VA	21	41	F	35 40-49	43:44.5	43:49.8	0:05.3	14:04/M
357	Amanda Brown	Woodbridge VA	13	33	F	44 30-39	43:50.8	44:38.1	0:47.2	14:06/M
358	Susan Kelly	Arlington VA	416	38	F	45 30-39	44:00.3	45:41.2	1:40.9	14:09/M
359	Lauren Albers-Denhart	Washington DC	578	26	F	35 20-29	44:04.0	45:08.6	1:04.6	14:10/M
360	Matthew Wingler	Arlington VA	101	40	M	29 40-49	44:14.2	45:01.4	0:47.2	14:13/M
361	Cristhian Quiroz	Alexandria VA	135	38	M	25 30-39	44:16.1	44:22.3	0:06.2	14:14/M
362	Adrian Rowe	Greenbelt MD	399	37	M	26 30-39	44:18.8	44:49.3	0:30.4	14:15/M
363	Maria Sheetz	Arlington VA	417	47	F	36 40-49	44:39.8	44:58.4	0:18.6	14:22/M
364	Jenna Sheetz	Arlington VA	435	12	F	21 1-12	44:40.2	44:58.5	0:18.2	14:22/M
365	Brandon O'Hara	Alexandria VA	133	11	M	58 1-12	44:53.7	45:19.6	0:25.8	14:26/M
366	Brian O'Hara	Alexandria VA	119	46	M	30 40-49	44:54.9	45:20.5	0:25.6	14:27/M
367	Rafel Nathan Encarnacion	Alexandria VA	176	11	M	59 1-12	45:09.7	45:15.5	0:05.8	14:31/M
368	Ken Christensen	Lovettsville VA	59	55	M	16 50-59	45:09.8	46:45.5	1:35.7	14:31/M
369	Ethan Quiroz	Alexandria VA	136	12	M	60 1-12	45:10.2	45:15.7	0:05.4	14:31/M
370	Tristan Navarrette	Alexandria VA	180	10	M	61 1-12	45:11.3	46:07.4	0:56.0	14:32/M
371	Coach Miller	Alexandria VA	116	0	M	25 0-0	45:12.1	46:07.8	0:55.7	14:32/M
372	Blake Jones	Falls Church VA	480	33	M	27 30-39	45:21.4	46:57.9	1:36.5	14:35/M
373	Kevin Foley	Vienna VA	499	55	M	17 50-59	45:23.1	45:50.8	0:27.7	14:36/M
374	Joe Geiss	Alexandria VA	278	33	M	28 30-39	45:47.4	47:21.1	1:33.7	14:43/M
375	Edwin Cruz	Woodbridge VA	16	28	M	18 20-29	45:57.4	46:55.4	0:57.9	14:47/M
376	Alessandra Cruz	Woodbridge VA	24	9	F	22 1-12	45:57.5	46:55.6	0:58.1	14:47/M
377	Deborah Kiser	Fairfax Station VA	386	0	F	3 0-0	46:00.4	47:31.9	1:31.4	14:48/M
378	Brittany Evans	Chantilly VA	8	21	F	36 20-29	46:01.4	46:17.3	0:15.9	14:48/M
379	Natalie Schultz	Fairfax VA	10	21	F	37 20-29	46:02.3	46:17.4	0:15.1	14:48/M
380	Christophe Kiser		513	57	M	18 50-59	46:03.7	47:34.9	1:31.2	14:49/M
381	Daniel Cseke	Alexandria VA	128	11	M	62 1-12	46:03.8	46:48.4	0:44.6	14:49/M
382	Diana Cseke	Lorton VA	303	14	F	10 13-19	46:05.5	46:50.2	0:44.6	14:49/M
383	Unknown Partic. 569		569		M	26 0-0	46:06.4	46:06.4	0:00.0	14:50/M
384	Peace Geiss	Alexandria VA	341	32	F	46 30-39	46:08.7	47:42.4	1:33.7	14:50/M
385	James Hartz	Alexandria VA	152	11	M	63 1-12	46:14.4	47:08.9	0:54.5	14:52/M
386	LaKasha Brooks	Washington DC	479	42	F	37 40-49	46:14.4	47:33.1	1:18.6	14:52/M
387	Joe Hartz	Alexandria VA	170	44	M	31 40-49	46:37.0	47:31.2	0:54.2	14:59/M
388	Robert Denmark	Arlington VA	55	53	M	19 50-59	46:38.3	47:49.0	1:10.7	15:00/M
389	Katalin Cseke	Lorton VA	359	49	F	38 40-49	46:52.6	47:35.9	0:43.2	15:04/M
390	Unknown Partic. 538		538		M	27 0-0	46:56.4	47:18.8	0:22.4	15:06/M
391	Kristine Huber	Arlington VA	90	53	F	18 50-59	47:07.4	47:46.2	0:38.7	15:09/M
392	Sean McDonald Sr.	Woodbridge VA	44	45	M	32 40-49	47:38.1	48:10.9	0:32.7	15:19/M
393	Abdur Noon	Woodbridge VA	29	11	M	64 1-12	47:43.1	48:16.3	0:33.2	15:21/M
394	Laurnea Hansley	Woodbridge VA	48	9	F	23 1-12	48:02.5	48:34.1	0:31.5	15:27/M
395	Margaret Jones	Woodbridge VA	43	55	F	19 50-59	48:15.6	48:55.1	0:39.5	15:31/M
396	Isabella Varela	Woodbridge VA	22	9	F	24 1-12	48:15.6	48:55.7	0:40.0	15:31/M
397	Lindsey Owery	Woodbridge VA	39	27	F	38 20-29	48:22.3	48:54.4	0:32.0	15:33/M
398	Kelin Lopez-Diaz	Woodbridge VA	49	9	F	25 1-12	48:42.8	48:47.2	0:04.4	15:40/M
399	Michelle Wenz	Alexandria VA	85	32	F	47 30-39	48:45.9	50:10.7	1:24.7	15:41/M
400	Elaine Lasky	Sterling VA	518	56	F	20 50-59	48:59.8	50:25.4	1:25.6	15:45/M
401	Abbey Marrin	Arlington VA	503	19	F	11 13-19	49:01.9	50:29.9	1:28.0	15:46/M
402	Unknown Partic. 525		525		M	28 0-0	49:14.3	50:02.2	0:47.8	15:50/M

December 07, 2019

Overall Finish List

5K (Timed)

Place Overall	Name	City	Bib No	Age	Gend	AG Place	-----Total-----		Chip	
							Chip Time	Gun Time	Diff	Pace
403	James Waggoner	Lorton VA	167	50	M	20 50-59	49:30.4	49:38.9	0:08.5	15:55/M
404	Nathaniel Avery	Greenbelt MD	405	43	M	33 40-49	49:33.1	50:12.3	0:39.1	15:56/M
405	Brad McDonald	Arlington VA	364	51	M	21 50-59	50:09.0	51:38.5	1:29.5	16:08/M
406	Danielle Mullis	Arlington VA	91	25	F	39 20-29	50:09.3	50:49.8	0:40.5	16:08/M
407	Frank Tramble	Washington DC	586	32	M	29 30-39	50:12.9	50:42.5	0:29.6	16:09/M
408	David Million	Alexandria VA	162	43	M	34 40-49	50:51.0	51:44.3	0:53.2	16:21/M
409	Tonti Thampitak	Fairfax VA	12	21	F	40 20-29	51:06.7	51:23.4	0:16.7	16:26/M
410	Stephanie Livingston	Washington DC	6	24	F	41 20-29	51:07.2	51:24.7	0:17.4	16:26/M
411	James Fuller	Alexandria VA	161	19	M	19 13-19	51:12.3	51:40.6	0:28.3	16:28/M
412	Unknown Partic. 542		542		M	29 0-0	51:12.8	52:09.3	0:56.5	16:28/M
413	Jordyn Moran	Alexandria VA	132	11	M	65 1-12	51:16.5	51:44.4	0:27.8	16:29/M
414	Erin McDonald	Arlington VA	512	15	F	12 13-19	51:53.6	53:21.7	1:28.0	16:41/M
415	Marsha Encarnacion	Alexandria VA	149	47	F	39 40-49	51:55.9	52:02.2	0:06.3	16:42/M
416	Preston Crawford	Woodbridge VA	15	25	F	42 20-29	52:12.1	52:18.2	0:06.1	16:47/M
417	Unknown Partic. 533		533		M	30 0-0	52:14.7	53:24.6	1:09.9	16:48/M
418	Jim Mietticki	Cheektowaga NY	474	68	M	3 60-69	52:15.3	53:32.3	1:17.0	16:48/M
419	Magdelini Drivas	Falls Church VA	88	23	F	43 20-29	52:19.8	53:02.7	0:42.8	16:50/M
420	Carla Wyrsh	Fairfax VA	493	36	F	48 30-39	52:21.4	52:21.4		16:50/M
421	Kim Andersen	Seattle WA	298	51	F	21 50-59	52:34.4	54:07.8	1:33.3	16:54/M
422	Shannon Sanborn	Greenbelt MD	403	44	F	40 40-49	52:49.0	53:38.4	0:49.3	16:59/M
423	Diana Gilbert	Springfield VA	473	61	F	5 60-69	52:49.5	54:07.9	1:18.3	16:59/M
424	Seth Hirsch	Greenbelt MD	401	42	M	35 40-49	52:52.8	53:33.0	0:40.1	17:00/M
425	Lena Baer	Greenbelt MD	397	25	F	44 20-29	52:56.1	53:35.7	0:39.6	17:01/M
426	Debbie Grace	Vienna VA	79	55	F	22 50-59	52:58.1	53:28.6	0:30.5	17:02/M
427	Katey Price	Alexandria VA	463	35	F	49 30-39	52:58.5	54:18.1	1:19.5	17:02/M
428	Heather Price	Gibsonia PA	460	55	F	23 50-59	52:58.6	54:17.7	1:19.0	17:02/M
429	Anna Longbons	Washington DC	462	21	F	45 20-29	53:07.5	54:27.4	1:19.8	17:05/M
430	Kaleb Fox	Woodbridge VA	51	12	M	66 1-12	53:07.8	53:56.1	0:48.2	17:05/M
431	Thomas Price	Gibsonia PA	465	57	M	22 50-59	53:08.5	54:27.4	1:18.9	17:05/M
432	Tara Perdue	Bristow VA	321	40	F	41 40-49	53:16.6	53:45.7	0:29.1	17:08/M
433	Emma Christensen	Lovettsville VA	58	52	F	24 50-59	53:29.8	55:06.7	1:36.9	17:12/M
434	Kristina Schatz	Burke VA	240	16	F	13 13-19	53:44.6	55:01.7	1:17.1	17:17/M
435	Yun Schatz	Burke VA	241	56	F	25 50-59	53:46.3	55:01.2	1:14.9	17:17/M
436	Elizabeth Highsmith	ANNANDALE VA	230	50	F	26 50-59	54:08.0	54:22.2	0:14.2	17:24/M
437	Holly Highsmith	ANNANDALE VA	235	17	F	14 13-19	54:08.6	54:22.3	0:13.6	17:25/M
438	Unknown Partic. 531		531		M	31 0-0	54:17.2	54:50.7	0:33.5	17:27/M
439	Deborah Moses	Falls Church VA	439	62	F	6 60-69	54:31.2	56:07.8	1:36.6	17:32/M
440	JANET GARBER	ALEXANDRIA VA	308	67	F	7 60-69	54:44.6	56:10.0	1:25.4	17:36/M
441	KRIS KEYDEL	ALEXANDRIA VA	283	68	M	4 60-69	54:45.1	56:09.6	1:24.5	17:36/M
442	Camila Jaldin	Woodbridge VA	18	10	F	26 1-12	54:55.8	55:38.6	0:42.7	17:40/M
443	Rina Tarifa	Woodbridge VA	31	39	F	50 30-39	54:56.3	55:38.8	0:42.5	17:40/M
444	Unknown Partic. 519		519		M	32 0-0	55:07.6	56:08.6	1:00.9	17:44/M
445	Deborah Ward	Woodbridge VA	329	54	F	27 50-59	55:15.1	56:28.2	1:13.1	17:46/M
446	Karen Hasson	Fairfax VA	236	52	F	28 50-59	56:12.0	56:58.7	0:46.6	18:04/M
447	Allyson Jacob	Fairfax VA	227	46	F	42 40-49	56:12.2	56:58.8	0:46.6	18:04/M
448	Abbey Stanley	Fairfax VA	84	36	F	51 30-39	57:20.9	58:24.6	1:03.6	18:26/M
449	Lori Stearns	Leesburg VA	122	43	F	43 40-49	57:28.1	58:34.8	1:06.7	18:29/M
450	Erika O'Brien	Alexandria VA	169	46	F	44 40-49	57:28.7	58:37.0	1:08.3	18:29/M
451	Caitlin Behan	Lorton VA	60	14	F	15 13-19	58:37.8	59:15.3	0:37.4	18:51/M
452	Betsi South	Woodbridge VA	45	44	F	45 40-49	58:48.0	59:22.1	0:34.0	18:54/M
453	Ben Kase	Fairfax VA	270	25	M	19 20-29	59:25.2	1:00:51.7	1:26.5	19:06/M
454	Delia Kase	Fairfax VA	272	61	F	8 60-69	59:35.2	1:01:05.1	1:29.8	19:10/M
455	Lucy Douglass	Fairfax VA	271	24	F	46 20-29	59:46.6	1:01:16.2	1:29.6	19:13/M
456	Unknown Partic. 576		576		M	33 0-0	1:00:36.3	1:02:04.4	1:28.1	19:29/M
457	Jack Koch	Washington DC	5	24	M	20 20-29	1:00:37.3	1:02:01.3	1:24.0	19:30/M
458	Joyce Pastore	Alexandria VA	366	60	F	9 60-69	1:00:46.4	1:02:35.4	1:49.0	19:32/M
459	Katie Belle Davis	Hershey PA	68	12	F	27 1-12	1:01:10.1	1:01:30.6	0:20.5	19:40/M
460	Allison Burton	Fairfax VA	487	36	F	52 30-39	1:01:14.7	1:01:14.7		19:42/M
461	Mike Wyrsh	Fairfax VA	494	42	M	36 40-49	1:01:14.7	1:01:14.7		19:42/M
462	Chris Burton	Fairfax VA	488	35	M	30 30-39	1:01:14.8	1:01:14.8		19:42/M
463	Eliza Mencher	Bethesda MD	514	15	F	16 13-19	1:01:21.9	1:01:21.9		19:44/M
464	Helen Bath	Oakton VA	501	49	F	46 40-49	1:01:22.2	1:01:22.2		19:44/M
465	Zack Davis	Hershey PA	74	16	M	20 13-19	1:02:25.1	1:03:01.7	0:36.5	20:04/M
466	Renita Wilson	Greenbelt MD	404	58	F	29 50-59	1:03:41.5	1:04:26.1	0:44.6	20:29/M
467	Nadim Allen	District Heights MD	590	14	M	21 13-19	1:08:59.8	1:10:46.0	1:46.2	22:11/M